



THE SCHOOL CONNECT



Vol.III | Issue 8 | January, 2020

Inauguration Ceremony

ATAL TINKERING LABORATORY

Creativity in education leads to evolution of self reliant youth with knowledge and action.

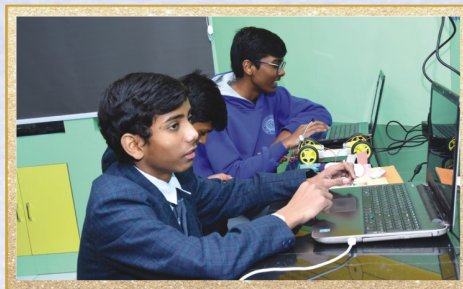
– A. P. J. Abdul Kalaam

It was a proud moment for all the Bal Bhavanites and the school to witness the inauguration ceremony of the innovative and hi-tech Atal Tinkering Laboratory on Tuesday 14 January, 2020. It is an approach of central government of India to create an environment of scientific temperament, innovation and creativity amongst Indian students. It will teach students essential 21st century skills which will help them in developing their professional as well as personal skills.

The lab was inaugurated by the Chief Guest Mr. Gopal Kumar Jha, the senior research scientist at The National Institute of Solar Energy. In his speech the chief guest congratulated the school and mentioned that, "The school is truly making all sincere efforts to create innovators for a skilled India. All students from Class VI-XII will take benefit from the lab. The lab is designed to inculcate skills such as design mind set, computational thinking, adaptive learning and so on, to be in synch with the global scenario. This will surely support young talent to shape their curiosity, creativity, adaptive learning and physical computing to understand the basic concept of STEM along with the hands on experiments with the help of various tool and equipment required."

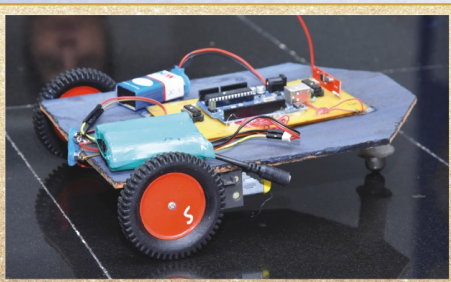


Chief Guest Mr. Gopal Kumar Jha, the senior research scientist at The National Institute of Solar Energy



A presentation was showcased by Yash Joshi, a student of class XI-B, to highlight the aims and objectives of Atal Tinkering Lab. The Students of class IX presented a short enactment to further enlighten the gathering about ATL lab. The chief guest and all the dignitaries cut the ceremonial ribbon to formally inaugurate the lab.

The young innovators of the school presented their innovative models such as Smart blind stick, model on smart parking, finger print door-lock and so on. The chief guest appreciated the students' efforts and guided them for further improvisation. The school principal motivated the students and said that "The students will surely make the best use of every hands-on-experience in the ATL as the students are the resource persons of this lab where they can discover themselves, innovate, execute their new ideas and work on their creativity."



W Willing to Learn **I** Innovate & Create **N** Nothing is Impossible **G** Go ahead & Grab it!!! **S** Sky is the Limit

Your **WINGS** already exist all you have to do is **FLY**



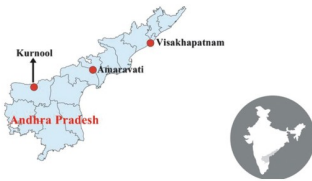
India and The World

ICCW National Bravery Award



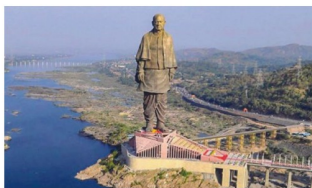
Indian Council for Child Welfare National Bravery Award 2019 was awarded to 10 girls and 12 boys on 25th January 2020. President Ram Nath Kovind presented these awards to the gallant children. Muhammad Muhsin a brave boy from Kozhikode saved his three friends from drowning in the sea in April 2019 but lost his own life will be awarded the Abhimanyu award posthumously. Other awardees are Adithya K, Alaika, Mudasir Ashraf, Venkatesh, Kamal Krishna Das, Sartaj Mohidin Mugal, Gita Siddhartha, Situmoni Das, Everbloom K Nongrum, Lourembam Yaikhomba Mangang, Muhamed Muhsin EC, Purnima Giri, Sabita Giri, Kanti Paikra, Bharneshwari Nirmalkar, Aarti Kiran Shet, Zen Sadavarte, Akash Machindra Khillare, Laliansanga, Carolyn Malsawmtluangi, Vanlalhriatrenga.

Three capitals for Andhra Pradesh - Its Logic



The Andhra Pradesh Assembly passed The Andhra Pradesh Decentralisation and Equal Development of All Regions Bill, 2020, clearing the way for three state capitals in Amravati, Visakhapatnam, and Kurnool. Amravati will now be the legislative capital, Visakhapatnam will be the executive capital and Kurnool the judicial capital. The objective behind the three-capital proposal has been pushed forward to enable decentralization and inclusive development of all regions, thereby ensuring "balanced and inclusive growth" of Andhra Pradesh.

Statue of Unity included in 8 Wonders of Shanghai Cooperation Organization



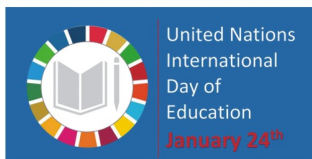
The Statue of Unity that was inaugurated in October 2018 by Prime Minister Narendra Modi has been included in 8 wonders of the Shanghai Cooperation Organization. The statue inaugurated on the 143rd birth anniversary of Sardar Vallabhai Patel was a monumental tribute to him. It is the world's tallest statue and has attracted 2.9 million tourists and earned revenue of INR 82 crores.

ISRO's half-humanoid will go to space before astronauts



ISRO on 23 January 2020 introduced a half-humanoid named Vyommitra at an international conference on 'Human Spaceflight and Exploration' at Vikram Sarabhai Space Centre, Bengaluru. Vyommitra is the prototype of the half-humanoid, made for the first unmanned Gaganyaan mission. The artificial intelligence-based robotic system is being developed at robotics lab, VSSC in Thiruvananthapuram for an unmanned flight of ISRO's GSLV III rocket in December 2020, which, along with a second unmanned flight in July 2021, will serve as the test of ISRO's preparedness for its maiden manned space mission, Gaganyaan, being targeted for 2022 to mark 75 years of India's independence. Vyom Mitra, equipped with a head, two arms, and a torso, is built to "mimic crew activity inside the crew module of Gaganyaan."

International Day of Education



24 January is observed as International day of Education all over the world. The United Nations General Assembly announced this day to celebrate the role of education for peace and development. The theme for the year is: "Learning for People, the Planet, Prosperity, and Peace". The 2020 celebration will put learning and education as humanity's greatest renewable resource and reaffirms the role of education as a fundamental right and a public good. An online tool will also be launched to measure progress in education around the world.

Fouaad Mirza became the first Indian to qualify for the Tokyo Olympics after 2 decades



Indian equestrian Fouaad Mirza became the first Indian to qualify for the Tokyo Olympics officially. He ended a wait spanning two decades. International Federation for Equestrian Sports (FEI) issued the latest rankings that included all results between 1 January 2019 to 31 December 2019. The riders completed the 4-star level tournaments to qualify for the Olympics. Previously, Intiaz Anees in 2000 Sydney and Late Wing Commander IJ Lamba in 1996 Atlanta are the two Indians to who represented India at the Olympics.

Captain Tania Shergill the first woman parade officer for the Republic Day parade



Captain Tania Shergill, a fourth generation Army officer, led an all-men marching contingent of the Corps of Signals at the Republic Day parade in New Delhi. Captain Shergill, who is 26, recently became the first woman Parade Adjutant in the history of the Army Day function. She is a communication and electronics graduate.

Katerina Sakellaropoulou as first female President of Greece



Parliament of Greece elected Katerina Sakellaropoulou as the new President of Greece. She will be the first female President of Greece. 63 years old Sakellaropoulou is a human rights advocate and a high court judge. The oath-taking ceremony will be held on 13 March 2020. She was also the first woman to head the Council of State, Greece's top administrative court.

China to launch its Mars probe in 2020



China is planning to launch its Mars probe in July 2020. Long March-5 Y4 carrier rocket will be used to launch the spacecraft. It will send a probe to orbit around Mars to land and deploy a rover on Mars. The last engine test before the final assembly known as a 100-second test has been completed by Long March-5 Y4 rocket which was the last engine test. The test was done for its high thrust hydrogen-oxygen engine. The Long March-5 rocket will carry out several missions including the Mars probe launch and the lunar sample return.

Year 2020 Designated as Year of Nurse and Midwife

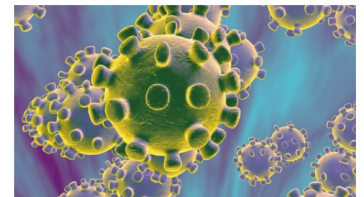
World Health Organization (WHO) designated 2020 as the Year of the Nurse and the Midwife to honor the 200th birth anniversary of Florence Nightingale. The World Health Organization (WHO) is the collaborating partner in the three-year Nursing Now Campaign (2018-2020). The main objective is to improve health globally by raising the status and profile of nursing, demonstrating achieved by a strengthened nursing profession, and enabling nurses to maximize their contribution to achieving Universal Health Coverage.

India successfully test-fires Nuclear-Capable K-4 Ballistic Missile



India successfully test-fired nuclear-capable, K-4 ballistic missile from an underwater platform in the seacoast of Andhra Pradesh. K-4 ballistic missile has a strike range of 3500km and can be launched from a submarine. This missile was developed by Defence Research and Development Organisation (DRDO) and will be deployed on the fleet of the Arihant Class nuclear submarines being built by India. The length of the missile is three-meter tall and can carry a nuclear warhead of over one tone. It is very important for India's air, land, and sea nuclear triad. US, Russia and China are the other three countries having submarine-launched ballistic missiles with a strike range of 3,500km.

China's mystery virus : Wuhan Virus



A mysterious virus has spread across China and reached three other Asian nations. This virus is contagious between humans and is similar to the SARS virus (Severe acute respiratory syndrome-related coronavirus). The new coronavirus strain was first discovered in the central city of Wuhan. Shanghai and Beijing confirmed their first cases on 20 January 2020. A Wuhan's seafood market is being considered to be the center of the outbreak.

Delhi first fully automated Car Park Tower unveiled in Green Park



Delhi Municipal Corporation inaugurated the city's first fully-automated car-parking tower facility at Green Park. The facility can accommodate at least 34 cars. The facility inaugurated by Union housing and urban affairs minister Hardeep Singh Puri. The facility four towers each of 39.50 meters height with 17 levels to accommodate 34 cars. The retrieval time of vehicles will be just three minutes, in comparison to 15 minutes in traditional parking facilities. There is going to be no pollution and no fuel consumption in the automated tower parking whereas pollution in the conventional parkings lingers on due to smoke discharge of car movement through ramps and fuel consumption.

THE VICTORY TRUMPET

SCIENCE OLYMPIAD FOUNDATION - ICO 2019-20

S.No.	Class/ Sec.	Name of the Student	School Rank	Zonal Rank	International Rank	Awards - Won International / Zonal / School Award
1	XI C	AVISHI JAIN	1	290	2036	Gold Medal + Participation Certificate
2	XII C	RAVIDEEP KALRA	1	114	672	Gold Medal + Participation Certificate
3	XII C	SANYAM JAIN	2	139	819	Silver Medal + Participation Certificate
4	XII C	AKANKSHA RANA	3	180	1032	Bronze Medal + Participation Certificate

SCIENCE OLYMPIAD FOUNDATION - NCO 2019-20

S.No.	Class/ Sec.	Name of the Student	School Rank	Zonal Rank	International Rank	Awards - Won International / Zonal / School Award
1	II F	GARVIT PATNI	1	9	19	Gifts Worth Rs. 1000/- + Medal of Distinction + Certificate of Distinction + Certificate of Zonal Excellence
2	II C	KAVYA SINGH	2	69	131	Gold Medal + Participation Certificate
3	IV B	RISHIT RAWAT	1	93	216	Gold Medal + Participation Certificate
4	VID	AARUSH DUTTA	1	21	221	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
5	VII D	PRIYANSHU KUMAR PANDEY	1	119	531	Gold Medal + Participation Certificate
6	VIII C	KUSHAGRA GUPTA	1	118	480	Gold Medal + Participation Certificate
7	VIII C	ANJALI CHATURVEDI	2	133	514	Silver Medal + Participation Certificate
8	VIII B	DAKSH SHARMA	3	164	588	Bronze Medal + Participation Certificate
9	IX C	PRATYUSH ANAND	1	15	100	Certificate of Zonal Excellence + Medal of Distinction + Certificate of Distinction
10	IX C	ABHIRAJ KUMAR	2	42	221	Gold Medal + Participation Certificate
11	IX C	SAGAR BAG	3	87	343	Silver Medal + Participation Certificate
12	IX D	HARSHIT RAJ	4	150	517	Bronze Medal + Participation Certificate
13	X A	PRATEEK SHARMA	1	37	244	Gold Medal + Participation Certificate
14	X A	SHIVANSH TUTEJA	2	60	320	Silver Medal + Participation Certificate
15	X A	PUSHKAL CHOUDHARY	3	79	385	Bronze Medal + Participation Certificate

SCIENCE OLYMPIAD FOUNDATION - NSO 2019-20

S.No.	Class/ Sec.	Name of the Student	School Rank	Zonal Rank	International Rank	Awards - Won International / Zonal / School Award
1	II F	GARVIT PATNI	1	12	21	Gifts Worth Rs. 1000/- + Medal of Distinction + Certificate of Distinction + Certificate of Zonal Excellence
2	II F	KUSHAGRA RATHORE	2	90	161	Gold Medal + Participation Certificate
3	II A	ANIKA PRASAD	3	154	280	Silver Medal + Participation Certificate
4	II B	AADHYA SHARMA	4	194	340	Bronze Medal + Participation Certificate
5	III D	KUJA	1	34	51	Gold Medal + Participation Certificate
6	III A	DHANANJAY MAMGAIN	2	88	130	Silver Medal + Participation Certificate
7	III E	KULDEEP SINGH SAJWAN	3	111	162	Bronze Medal + Participation Certificate
8	IV C	RAGHAV CHANDRA	1	98	219	Gold Medal + Participation Certificate
9	IV F	SHUBH PURWAR	2	110	235	Silver Medal + Participation Certificate
10	IV C	AYUSH SINGH	3	147	291	Bronze Medal + Participation Certificate
11	V B	AAKARSH DUBEY	1	151	325	Gold Medal + Participation Certificate
12	V D	RITIKA TIWARI	2	167	361	Silver Medal + Participation Certificate
13	V F	YASHIKA SHARMA	3	303	634	Bronze Medal + Participation Certificate
14	VI E	TANMAY CHAUDHRY	1	69	193	Gold Medal + Participation Certificate
15	VI F	TUSHAR	2	262	634	Silver Medal + Participation Certificate
16	VI A	AARUSH MISHRA	3	292	687	Bronze Medal + Participation Certificate
17	VII D	ANSH SINGH	1	92	247	Gold Medal + Participation Certificate
18	VII E	MANYA KERA	1	331	702	Gold Medal + Participation Certificate
19	VII C	ARYAN VERMA	2	370	755	Silver Medal + Participation Certificate
20	VII D	ANSHUMAN MISHRA	2	154	378	Silver Medal + Participation Certificate
21	VII D	ADITYA KUMAR	3	230	537	Bronze Medal + Participation Certificate
22	VII F	DEV KUMAR	3	414	834	Bronze Medal + Participation Certificate
23	VIII B	AADYA SRIVASTAVA	1	264	563	Gold Medal + Participation Certificate
24	VIII C	AARAV SHARMA	1	201	438	Gold Medal + Participation Certificate
25	VIII B	SHARAN	2	470	905	Silver Medal + Participation Certificate
26	VIII C	SURYA THAKUR	2	202	439	Silver Medal + Participation Certificate
27	VIII B	RINKAZ KUMAR SAHU	3	478	921	Bronze Medal + Participation Certificate
28	VIII C	ANOUSHKA DEBSHARMA	3	303	628	Bronze Medal + Participation Certificate
29	IX B	VAIBHAV BANSAL	1	274	663	Gold Medal + Participation Certificate
30	IX C	PRATYUSH ANAND	1	99	330	Gold Medal + Participation Certificate
31	IX D	SARTHAK GUPTA	1	282	673	Gold Medal + Participation Certificate
32	IX C	KARAN RAJ	2	253	627	Silver Medal + Participation Certificate
33	IX D	PIYUSH KUMAR SINGH	2	374	820	Silver Medal + Participation Certificate
34	IX E	DHRUV SINGH	2	296	701	Silver Medal + Participation Certificate
35	IX C	UTKARSH TIWARI	3	283	674	Bronze Medal + Participation Certificate
36	IX A	MEDHA BISHT	3	300	708	Bronze Medal + Participation Certificate
37	IX D	AKSHAT JOSHI	3	453	963	Bronze Medal + Participation Certificate
38	X A	SOUMYASHREE BISWAL	1	134	293	Gold Medal + Participation Certificate
39	X B	DIBYANGSHU MUKHERJEE	1	406	744	Gold Medal + Participation Certificate
40	X A	DEV MISHRA	2	271	516	Silver Medal + Participation Certificate
41	X B	MRIGYANK ROY	2	419	759	Silver Medal + Participation Certificate
42	X B	SARTHAK SINGLA	3	474	860	Bronze Medal + Participation Certificate
43	X A	SHIVANSH TUTEJA	3	290	551	Bronze Medal + Participation Certificate
44	XI F	PRATYUSH CHANDRA JHA	1	226	1527	Gold Medal + Participation Certificate
45	XI A	DIVYANSH SRIVASTAVA	2	377	2113	Silver Medal + Participation Certificate
46	XI B	YUVRAJ SINGH RAWAT	3	503	2530	Bronze Medal + Participation Certificate
47	XII B	SAKSHAM GUPTA	1	228	1807	Gold Medal + Participation Certificate

BOOSTING IMMUNE SYSTEM



As we all are aware of the recent diseases caused by different pathogens are spreading across and are proving to be life threatening for humans. It is very important to take certain precautionary measures that may help in preventing these. One important step we must take is to eat foods that boost the immune system of our body.

Some food which can boost immune system are as follows :

1. Citrus Fruits

Most people turn to vitamin C after they've caught a cold. That's because it helps build up your immune system. Vitamin C is thought to increase the production of white blood cells. These are key to fighting infections.

Popular citrus fruits include :

- Grapefruit
- Oranges
- Tangerines
- Lemons
- Limes
- Clementines



Because your body doesn't produce or store it, you need daily vitamin C for continued health. Almost all citrus fruits are high in vitamin C. With such a variety to choose from, it's easy to add a squeeze of this vitamin to any meal.

2. Red Bell Peppers

Red bell peppers contain twice as much vitamin C as citrus. They're also a rich source of beta carotene. Besides boosting your immune system, vitamin C may help maintain healthy skin. Beta carotene helps keep your eyes and skin healthy.



3. Broccoli

Broccoli is supercharged with vitamins and minerals. Packed with vitamins A, C, and E, as well as many other antioxidants and fiber, broccoli is one of the healthiest vegetables you can have.



4. Garlic

Garlic is found in almost every cuisine in the world. It adds a little zing to food and it's a must-have for your health. Early civilizations recognized its value in fighting infections. Garlic may also help lower blood pressure and slow down hardening of the arteries. Garlic's immune-boosting properties seem to come from a heavy concentration of sulfur-containing compounds.



5. Ginger

Ginger is another ingredient many turn to after getting sick. Ginger may help decrease inflammation, which can help reduce a sore throat and other inflammatory illnesses. Ginger may also help decrease nausea.



6. Spinach

Spinach is not just rich in vitamin C. It's also packed with numerous antioxidants and beta carotene, which may increase the infection-fighting ability of our immune systems. Similar to broccoli, spinach is healthiest when it's cooked as little as possible so that it retains its nutrients. However, light cooking enhances its vitamin A and allows other nutrients to be released from oxalic acid.



7. Yogurt

Yogurts that have "live and active cultures" printed on the label may stimulate your immune system to help fight diseases. Yogurt can also be a great source of vitamin D. Vitamin D helps regulate the immune system and is thought to boost our body's natural defences against diseases.



8. Almonds

Vitamin E is key to a healthy immune system. It's a fat-soluble vitamin, meaning it requires the presence of fat to be absorbed properly. Nuts, such as almonds, are packed with the vitamin and also have healthy fats. A half-cup serving, which is about 46 whole, shelled almonds, provides nearly 100 percent of the recommended daily amount of vitamin E.



9. Kiwi

Kiwis are naturally full of a ton of essential nutrients, including folate, potassium, vitamin K, and vitamin C. Vitamin C boosts white blood cells to fight infection, while kiwi's other nutrients keep the rest of your body functioning properly.



10. Sunflower seeds

Sunflower seeds are full of nutrients, including phosphorous, magnesium, and vitamin B-6. They're also incredibly high in vitamin E, a powerful antioxidant.

Vitamin E is important in regulating and maintaining immune system function. Other foods with high amounts of vitamin E include avocados and dark leafy greens.



Workshop on Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal)

The National Institute of Public Cooperation and Child Development (NIPCCD) organised a **Workshop on Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 for School Teachers / Administrators at NIPCCD, New Delhi from 23-24 January 2020**. The main insights from the program were, an understanding of Gender based violence against women in India; existing policies and support services for women; develop understanding about the salient features of Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 and Rules and ways of evolving strategies for addressing the problem of sexual harassment of women at work place. The event was attended by a total of 20 people, which included School Principals; Administrators; School Counsellors and Senior Teachers.



Shutter Bug



"Don't hide your talent in yourself, explore it in perfect situations, don't wait for a stage, create a stage by yourself."

AARUSH DUTTA, VI-D

He is a good photographer and he is going to participate in "Nature's Best Photography Asia" this year.

The small pratincole, little pratincole, or small Indian pratincole (*Glareola lactea*), is a small wader in the pratincole family, Glareolidae.



The common kingfisher (*Alcedo atthis*) also known as the Eurasian kingfisher, and river kingfisher, is a small kingfisher with seven subspecies recognized within its wide distribution across Eurasia and North Africa.

The red-crested pochard (*Netta rufina*) is a large diving duck. Its breeding habitat is lowland marshes and lakes in southern Europe and Central Asia, wintering in the Indian Subcontinent and Africa. It is a migratory bird.



BASANT PANCHMI

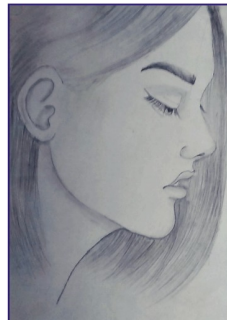
Basant Panchami, also known as Vasant Panchami is celebrated in reverence to the Hindu deity Goddess Saraswati, epitome of learning, music & art. People celebrate this day by visiting temples, flying kites, and donating to the needy.

students to be progressive learners, setting big goals and putting dedicated efforts as a promising & flourishing human harvest.

Our school students also celebrated this festival with great fervour. The spring of joy took over when a prayer ceremony worshipping Goddess Saraswati was led by offerings of spring flowers by all the students & staff of the school and distribution of Prasad amongst all. The Principal of the school Mr. Vividh Gupta motivated the



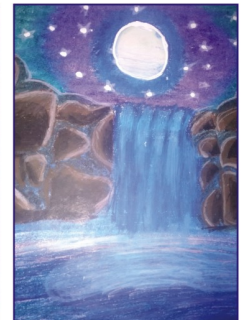
Kartikeya Pant, V-C



Srijana Gupta, VII-C



Srijana Gupta, VII-C



Jhanvi Jiya Singh, V-A

ROAD SAFETY WORKSHOP



To sensitise the students of class-V regarding safety rules to be followed for preventing accidents on road a workshop was conducted by Hindustan Times on 20-January 2020. Ms. Vaishnavi and Mr. Ashish were present as a resource person from Indian Road Safety Campaign who highlighted the importance of **GOOD SAMARITAN**, they made the students understand that a good samaritan is a person who, in good faith, without expectation of reward and without any duty of care or special relationship, voluntarily comes

forward to administer immediate assistance or emergency care to a person injured in an accident, or crash, or emergency medical condition, or emergency situation.

Further Mr. Ashish continued with road signs, by distinguishing about mandatory and informative signs according to their shape. Session was made interactive by addition of short videos & quizzes.

Overall, it was very informative for the students. They seek new information about different road signs & Good Samaritan Act.



FELICITATION GALORE



Ms. Neha Gupta (Senior Co-ordinator) receiving Certificate for valuable contribution towards conduct of SOF IEO Exam



Ms. Swati Poornanand (Co-ordinator) receiving Certificate for valuable contribution towards conduct of SOF NSO Exam



Ms. Deepakshi Khanna (TGT English) receiving appreciation certificate for their contribution in Road safety activities



Samrat Suman, Anika Prasad and Garvit Patni of Class II receiving Medal and Certificate for SOF IEO Exam



Arpita Prasad, Dhananjay Mangain and Maruti Nandan Pandey of Class III receiving Medal and Certificate for SOF IEO Exam



Students of Class IV receiving Medal and Certificate for SOF IEO Exam



Shubh, Aakarsh Dubey and Sakshi Narendra Gupta of Class V receiving Medal and Certificate for SOF IEO Exam



Student of Class II receiving Medal and Certificate for SOF NSO Exam



Students of Class III receiving Medal and Certificate for SOF NSO Exam



Ayush Singh, Shubh Purwar and Raghav Chandra of Class IV receiving Medal and Certificate for SOF NSO Exam



Aakarsh Dubey, Ritika Tiwari and Yashika Sharma of Class V receiving Medal and Certificate for SOF NSO Exam



Tushar, Nisita Gupta and Swastik Kumar Jena of Class VI receiving Medal and Certificate for SOF IEO Exam



Tanmay Negi, Hiten Kumar Gupta and Mehul Bhardwaj of Class VII receiving Medal and Certificate for SOF IEO Exam



Eshank Sharma, Anjali Chaturvedi, Prisha Jain and Surya Thakur of Class VIII receiving Medal and Certificate for SOF IEO Exam



Saksham Gupta of Class XII receiving Medal and Certificate for SOF NSO Exam

FELICITATION GALORE



Parth Mahur of Class VI receiving Medal and Certificate for securing 9th Position in South Asia Hakuakai Karate Championship



Khushi Jha (VIII C) receiving Prizes and Rs. 3000 coupons for English Extempore in Road Safety Awareness Campaign Competition



Khushboo (VIII C) receiving 2 Prizes and Rs. 3000 coupons for English Extempore in Road Safety Awareness Campaign Competition



Parth Mahur and Aaryan Rawat of Class VI receiving Medal and Certificate for securing 3rd Position in Inter Societies Sports (Judo)



Our Junior cricket Team won 1st Position in Second Friendship Cricket Tournament-2020 organised by City Cricket Academy Delhi



Winners of Angel Cricket Tournament



Tanmay Negi and Priyanshu Kumar Pandey receiving Certificate and Rs.500 Cheque prize for Digital India Kids Contest



Soumya Aggarwal (VII C) receiving Trophy for securing 1st position in District and 11nd Position in National Abacus Championship



Students of Class VI receiving Medal and Certificate for securing 11nd Positions in Yoga Inter School Sports Carnival



Tanmay Chaudhary, Tushar and Aarush Mishra of Class VI receiving Medal and Certificate for SOF NSO Exam



Students of class VII receiving Medal and Certificate for SOF NSO Exam

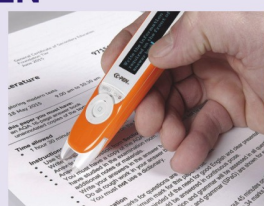


Students of Class VIII receiving Medal and Certificate for SOF NSO Exam

SMART GADGET

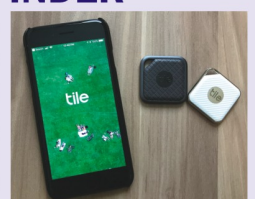
C.PEN

A USB connected text scanner and digital highlighter. It contains Collins 10th Edition Dictionary and can scan, store and transfer data to PC, MAC and Smartphone. It has storage capacity of 1GB and can be transfer to computer via USB with no additional software. It also comes with voice recorder with a dimension of 30.4x24x5.4 cm and weighs around 227g.



TILE MATE ITEM FINDER

The one major drawback with cool tiny gadgets these days is that they can easily get lost. If you need some help keeping tabs on the small stuff, Tile Mate item finders are just the ticket. The keychain-sized Tile Mate is a diminutive 1.3 inches long and is just 0.2 inches thick. Simply attach a tracker to any item and you can use the Tile companion app to locate it virtually anywhere. Even without the app, you can still find nearby items by remotely making the Tile vibrate, flash, or ring.



LUMINAIRE COMPETITION

“A good story can imbibe the right values in the most impressionable age.”

School organised Luminaire Competition for the students of classes III to V from 22nd to 24th January, 2020 which emphasized on story enactment as fiction is a great medium to ingrain values, improving speaking skills and opening the minds of the children to world beyond imagination. The students actively participated in the story enactment and gave an enthralling performance.

The students of class III presented the dramatization based on the fairy tale stories. The stories were “Snow White and the seven Dwarfs”, “Beauty and the Beast”,



“Little Red Riding Hood”, “Goldilocks and the three bears” etc. Students were engrossed in the story and looked really excited to perform with creative gestures and facial expressions. The appropriate use of voice modulation and body language infused passion and enhanced their imagination.

Class IV took up the stories from Indian folktales. The act focussed on the ethics and Moral values in life. To catch the attention of the audience students communicated their thoughts and feelings in an articulated manner. The stories were captivating such as “The Jackal’s Riddle”, “The Chettiyar Clever Son”, “The Cruel Sister-in-law” etc. Each story had an important lesson to give and students were able to convey the same successfully.

The students of Class V took up the stories from Sheikh Chillli. Each section took up moral stories such as “The Black Thread”, “The Courier” and “The Feverish Sickle” etc. and enacted the same on the stage effectively. **The style of narrating the story added on an edge to the competition and captivated everyone throughout the event.**

The LUMINAIRE COMPETITION gave an opportunity to the students to increase their creativity and help to develop their imagination and communication skills.



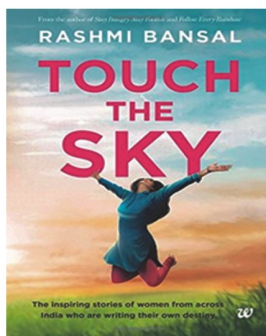
Good Reads

Age Group : 14+

TOUCH THE SKY

by Rashmi Bansal

This book covers stories of women from different parts of India who are the best example of the changing world and carrying the phrase of women empowerment. The joy of being independent and free from the old myths that make the girls bound to the four walls only. The book truly inspires the young women of our country not to break down on weaknesses, but rather work out on strengths India needs that every woman should be like them who were all set to achieve their goals by doing extraordinary things. Everyone should read this book to believe that if you wish to change this world, YOU CAN, no matter what others think about you. Just BE STRONG. So go, grab a book now and literally you can **Touch the Sky!**



EXCURSION TO OH! MAX

Excursion form a part of the school curriculum. They provide the students the opportunity of learning through travel, however, these excursions emphasize the attentive mind, enabling a sense of discovery and provide an opportunity to the student for development of their aesthetic sense.

On 21st January 2020, Bal Bhavan Public School organised an educational excursion to OH! MAX for the students of class 3rd to 5th.

After a brief orientation by the team leaders, students started exploring different activities , an indoor Amazon forest helped the students to explore the wonders of nature, an Egyptian mummy land 'Treasure of TUT' amazed the students, a mirror maze and a fun-filled experience in the Chocolate factory enthusiast them. Adventure activities filled the students with lot of vigour and vitality. Students were spell bound by the spectacular replica of Taj Mahal. They also understood the history of the Taj Mahal through a holographic display. It was a wonderful experience for all the children and everyone came back to the school rejuvenated. The fun packed day ended with loads of good memories.



Understanding Careers : A Guide for Students



This column is initiated to aware our students about the various conventional and unconventional career options available to them after +2. If u want us to discuss a career of your choice, or if you are curious to know more about the career option discussed in this edition, please feel free to contact the school counsellor or email us.

EVENT MANAGEMENT

The "Event Management" is a process of planning and executing the functions, festivals, occasions, ceremony, party, competitions and conventions".

Event Management involves the existing dates, budgeting, event site selection, security, support teams, transportation, parking, decorative, acquiring permits, anchoring, housekeeping, catering and emergency plan.

ELIGIBILITY :

- For Diploma course: Candidate is required to pass class 12th in any stream from any recognized board.
- For Master course: For admission in master courses, you must hold a bachelor's degree in any stream from any recognized college.

COURSES :

The following courses are in India in event management after 12th:

- Certificate course in Event Management 6 months
- Diploma in Event Management 1 year
- Integrated degree (MBA) in Event Management 5 year



COLLEGES / INSTITUTES :

- Amity Institute of Event management, New Delhi
- National Academy of Event Management, Mumbai
- Apeejay Institute of Mass Communication, New Delhi
- National Institute of Event Management (NIEM), Mumbai
- AIMS Institutes, Bangalore
- International Institute of Event Management, Mumbai

JOB PROFILE :

There are a plenty of jobs in this field. An event manager is the professional who plans and execute the events. After the completion of your course, if you are going to establish your own company, then there are plenty of opportunities from where you can start your business like :

- Weddings
- Fashion and cultural shows
- Corporate event
- Birthday parties
- Academic and sports meets
- Conferences
- Talent hunt and reality shows
- Religious functions

LIFE IS SO SMALL

Your life is your time
Your time is your life
Be prepare for your fight .

The time never comes back
But life must go on
If you want to live so just give a gift
With your thought that may small as a clock.

It is so small,
Just like a seed.
When you want,
You can plant it.
Make it so big,
So that no one can make your dream small.

The life is only the thing,
That can make your future bright,
Be prepare for your next fight.

-BHAVNA (VI A)

The Counselor's Corner

DEVELOPING MEANINGFUL FRIENDSHIPS

We all like to be popular. Whether it's the number of people in our social circle down at the party or the number of entries in our mobile phone address book we would all like to feel as though we have a good number of friends.

However, when we analyse our so called 'friends', just how many of them are true friends and how many are, more or less, acquaintances? You'll probably discover that you have far more acquaintances than you have friends. So, is it important to have a lot of friends? Not necessarily, but it is good for your well-being if you have a handful of close friends who will be there for you through thick and thin. These are what we'd call our 'meaningful friendships'.

If you don't feel that you have any true friends and that, at best, your life is made up of a number of acquaintances that you only really know on the surface or if you feel that something is lacking from the friendships that you do have and you feel the need to experience something much more deep and meaningful out of your friendships, then you need to get out and start searching for the kind of friendships that are going to fulfil you more spiritually.

Open up Your Heart

Deep and meaningful friendships often have to be nurtured and take time and effort to cultivate. Most of us are reluctant to let people see inside our inner selves but that's something that we must be prepared to do if we want to develop meaningful friendships and move beyond the 'banter' that tends to form much of our interaction with those who we perceive to be our close friends.

It takes time for people to get to know you and to understand where you're coming from and vice versa. Proper friendship is about a mutual understanding of each other's interests, personal qualities and how that might fit into each of your lives and, like any good relationship, this doesn't happen overnight.

It's important that you adopt a selfless attitude if you wish to find a meaningful friend. It's not about you asking yourself, "What can this person do for me?" but about "What can I do for you?"

So many of our friendships never go deeper than beyond the everyday 'small talk' but to have a truly close friendship, we must open up fully to others and let them get to know the person we are inside. Obviously, there is risk involved in doing this and it does take time and we need to take it slowly. It doesn't mean that we have to wear our hearts on our sleeves and have to divulge our innermost secrets to all and sundry but selectively choosing those with whom you have a connection to as people who you can start to reveal your true thoughts and feelings to over time. It's about being genuine and letting others be their true selves also.

Tips for Determining Potential Meaningful Friends

There is no particular place where you will find a true friend. They could be anywhere. Often however, you'll have some kind of mutual interest so it could be that you meet potential friends in a sporting or activity club which you both enjoy. Any place where people share a common interest is a good breeding ground for true friendships to be forged.

A good way of ascertaining whether or not a person is likely to become a good friend is to see who his or her friends are and what they are like. Often you can see other people's opinions of a person reflected in the way they interact and you will often see good character traits such as patience, honesty and integrity and consideration naturally emerge.

Good friends are bound to have something in common but that does not mean being identical in personality and background. On the contrary, differences in opinion and in your outlook on life can bring added meaning and benefit to a friendship.

Also, it may not even be necessary for you to go out searching for new friends. The friends or acquaintances you already have may be just as worthy companions, but you have not as yet tapped into what makes them truly tick. Think of your immediate circle of friends and, if you don't feel as though you have truly made a meaningful connection, ask yourself if you've tried to do so.

When we knock around as a member of a larger group of friends, intimacy tends to be replaced by banter and we never really get around to discussing much that is deep and meaningful. However, if you've ever tried to spend time with any individual from the group you know well on a one to one basis, you'll often see a different side to them and experience a completely new perspective over what you've experienced about your relationship with them as part of a group so it's true that developing meaningful friendships can often be closer than you think.



Ms. Gunjan Bisht, Counselor

- All the best
- Ms. Gunjan Bisht
School Counselor

HAWAN CEREMONY

In order to bestow upon the students of class XII, session (2019-2020) the blessings of the almighty as they set their sails to take up a new journey, school organized a Hawan Ceremony. The Ceremony witnessed the presence of school authorities, mentor teachers and the students who boned their heads seeking the grace of god. Part of the school's legacy, this ceremony is the mark of our foundation philosophy, "Goodness before Greatness". We aim at ensuring our students stay connected to their roots while stepping forward with a modern technologically advanced world. Thus the ceremony concluded with a heart warming address from school's principal wishing them luck for their approaching exams.



"TECHNIQUES FOR ACING EXAMINATIONS"

The time of the final examination is the most crucial time of the academic year for students as well as their parents. While students work hard to put their best foot forward, parents strive to support their children in every possible way. During this time, a little help in terms of how students can study better and how parents can facilitate the process can bring out the most desirable results.

Our School organized a seminar on "Techniques for Acing Examinations" on the 18th of January' 2020. The seminar had students of classes 9th to 12th, and their parents in attendance. The facilitator for the event was Mr. Aditya Nayyar, who is a Master trainer working with schools and corporates for the past 25 years. Mr. Nayyar is passionate about working with students to help them bring out the most of their potential.

In the hour and a half long seminar, students were acquainted with techniques that could help them learn and memorise their syllabus faster, and those that would aid recall. *Mind mapping; Memory Palace; Mnemonics, etc.* were some of the techniques discussed during the session. In addition, the significance of having a healthy diet and maintaining



proper sleep patterns during the examination time were emphasized upon.

Parents were explained the importance of keeping channels of communication open with their children; substituting blaming and imposition of personal choices with healthy discussions; assuring children of being available for them as pillars of support at all times; and not looking at examinations as the ultimate determinant of a child's present or future. An appropriate balance of knowledge and humor made this seminar a fruitful learning experience for all those in attendance.

Towards the end of the seminar, the School Principal addressed the gathering and presented his views on the topic of discussion. All students and parents were thanked for their gracious presence at the event.



PARIKSHA PE CHARCHA

Our school managed for all the students of classes VI to XII to attend an hour interaction of prime Minister Sh. Narendra Modi in HOD on the theme "Pariksha Pe Charcha" on various exam related issues, that had its own share of lighter moments.

Our students were benefitted with many more strategies and practices to be followed by them during examinations. There were around 2000 school students who had been a part of the session. Students were motivated and asked if they should set stiff targets to achieve what they desire for, as it will be a stroke of luck for them to reach towards their goal. He also said that, instead of reaching for "low hanging fruit", the

bar should be high enough so as to inspire a person to achieve higher goals.

During the session parents were also advised not to fulfill their own unfulfilled dreams through their children, he said: "Do not treat your ward's report card as your visiting card". He also gave ways to deal with the depression that most of the students deal with during examination.

He ended up his session by giving a valuable lesson- "Our learning cannot be reduced to exams only. Our education must equip us to face various challenges of life as well". The session of "Pariksha Pe Charcha" proved to be a piece of good fortune for the students.



PAMPHLET MAKING COMPETITION



To bring out the creative expression of the students and also to gauge their awareness quotient, a Pamphlet Making Competition for grades 6-8 was organised on January 17th. The themes were different for each grade. Class 6th showcased their talent on the topic "Road Safety", Class 7th depicted the "Value of Environment and the need to save

the planet" while Grade 8th drew pamphlets on "Save the Girl Child".

The students displayed their artistic skills through an array of pamphlets on the given topics. The aim of this competition was not merely to see the creative aspect but also to trigger the thought process of the children and sensitize them towards these serious issues.



TODDLERS' ZONE



WHAT IS CORONA VIRUS?

CORONA-VIRUS :THE GLOBAL OUTBREAK

Corona viruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases. Corona viruses are zoonotic, meaning they are transmitted between animals and people.

SYMPTOMS

Common signs of infection include respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.

PREVENTION

- Wash your hands frequently
- Practice respiratory hygiene
- Maintain social distancing
- Avoid touching eyes, nose and mouth
- If you have fever, cough and difficulty breathing, seek medical care early



Guess whom the octopus is calling ...?



MUGHAL GARDEN THE EPITOME OF BEAUTY

HISTORY

- * Sir Edwin Lutyens had finalized the designs of the Mughal Gardens.
- * It combines the Mughal style and the English flower garden.
- * Mughal canals, terraces and flowering shrubs are beautifully blended with European flowerbeds, lawns and private hedges.

MAIN ATTRACTIONS

1. The main attraction of this year's "Udyanotsav", beside Tulips and Exotic flowers, are bulbous flowerings like "Narcissus", "Dahlia", "Sparaxis", "Ranunculus", "Hyacinth" and "Asiatic Lily".
2. Flower Carpets in magnificent designs will also be on display in the central lawns revealing the skill and craft of the gardeners of Rashtrapati Bhavan.
3. A variety of gardens namely Rectangular Garden, Long Garden, Circular Garden, Herbal Garden, Spiritual Garden and Musical Garden.

ACCESSIBILITY

- * The iconic garden at the heart of the President's Estate and is opened to public from February 5th till March 8th.
- * The entry to the Mughal Gardens is free.
- * You can visit any day from 10 am to 4 pm.



Naina is a matron of a hospital. She takes the round of all the rooms of the hospital where different specialists visit. Can you name the following specialists?

Cardiologist, Pediatrician, Dentist, Podiatrist, Gynaecologist, Massage Therapist, Ophthalmologist, Neurologist, Psychiatrist, Rheumatologist

1. The doctor who treats patient's illness and physical problems by moving and pressing their muscles and bones.	
2. The doctor who operates on people's eyes.	
3. The doctor who gives massage to the patients and tell them various exercises to ease their pain.	
4. The doctor who treats diseases of nervous system.	
5. The doctor who treats tooth decays and other teeth and gum-related problems.	
6. The doctor who treats children.	
7. The doctor who focuses on the diagnosis and treatment of mental disorders in children and adults.	
8. The doctor who treats foot, ankle and connecting parts of leg.	
9. The doctor who treats and prevents diseases of heart and blood vessels.	
10. The doctor who diagnose and treats women 's health problems.	

SPORTS LEAGUES OF INDIA

India is observing a great revolution in the sports industry. As of now, the country boasts of various sports leagues that are promoting games at world level. Sports league is a group of sports, teams or individual athletes that compete against each other in a specific sport. Let's take a look at 5 of the top sports leagues in India.



This is the biggest cricket league across the globe. For sponsorship reasons the league is officially known as Vivo Indian Premier League. It is Twenty20 cricket league in India and is played during April and May of every year.

The Indian Super league is also known as Hero Indian Super League. It is a professional football league in India. It was founded on 21st October 2013. It consists of 10 teams from 9 different states.



It is a professional kabaddi league in India, based on the format of the Indian Premier League T-20 cricket tournament. The first edition of the tournament was played in 2014 with 8 franchises representing various cities in India.

Hockey India league is known as Coal India Hockey India League for sponsorship reasons. It began its first session in 2013 with five teams.



It is a professional volleyball league in India. It was launched by the Volleyball Federation of India in 2011. There are six teams having top players of the country.

WOMAN OF SUBSTANCE

Sarojini Naidu was born on 13 February, 1879 in Hyderabad to a philosopher and scientist Aghor Nath Chattopadhyay and Barada Sundari Devi. She was also known as "Nightingale of India" or "Bhartiya Kokila". She was an Indian Independence activist, poet and politician. At the age of 12, she wrote a play 'Maher Muneer' and due to it she earned a scholarship and went to abroad for further studies. She received scholarship at the age of 16 from the Nizam of Hyderabad and went to London King's College. Her political career started in 1905 when she became the part of Indian National Movement. In 1925 she became the president of Indian National Congress. She participated in Salt Satyagraha in 1930. British government awarded her Kaiser-i-Hind Medal for her work in plague epidemic, in India. Her first collection of poems "The Golden Threshold" was published in 1905. Padmaja Naidu, the daughter of Sarojini Naidu published her second collection of poems "The Feather of the Dawn" in 1961. She became the first women governor of India. She had supported Gandhiji in every ideology to make India free from British rule. She was nick named as Mahatma Gandhi's 'Mickey Mouse'. She died on 2 March, 1949 due to cardiac arrest at the Government House in Lucknow.



SAVE DAUGHTERS FOR A BETTER FUTURE



Class VIIIth presented their special assembly on 24th January, on the theme "SAVE THE GIRL CHILD". The focus was on SDG5 that aims to eliminate all forms of discriminations. The assembly started with beautiful Ganesh Vandana by Vibhooti and Khushi. It was then followed by a dance drama, "Laadki" which depicted the beautiful journey of a girl and it won the hearts of all. The audience was stunned to see the all-girls dance. Various girls, dressed up as powerful Women Icons of the world, showed that girls are no less than others.

The students were able to deliver the message of equality for all. The assembly showcased that it is impossible to imagine the existence of life on the earth.

The assembly taught everyone that girl surely deserves Love, Support, Kindness, Care and praise.



EASY-TO-DO TIPS TO BUST EXAM STRESS AND PREPARE WELL

- It is important that you make a schedule or a regular study plan and stick to it.
- Your study table must be organized and uncluttered, the same goes for your bed to ensure relaxed sleep.
- It is important to stay away from distractions and have a quiet place to study away from your phone, laptop, chat groups or any social media games or platforms.
- While studying, take breaks every 45 minutes to realign your thoughts and absorb what you have read.
- Highlight important points while skimming.
- Using flow charts, mnemonics and graphics do help to remember important things.
- If you have difficulty remembering what you read just yesterday, make a revision schedule. Revise on these days - 1, 2, 7, 15 and 30th of the month.
- If you are anxious, take a self-test and imagine yourself in an exam hall writing your paper.
- Make sure you sleep for 7-9 hours. On the day of the exam, be confident, don't discuss the subject or the paper with your friends before the exam starts.
- Do not try to read or memorize anything at the last moment.
- Once you receive the paper, look at the first question and answer it if you know it. If you don't, move forward.
- Divide your time based on the marks for each question.
- It is not a race you are participating in. Don't look at the number of sheets others use.
- Do not look at the clock too often. You don't need to be the first one to finish.
- Once the exam is over, it is finished, so no discussions and no analysis with your friends.

Take a short break and prepare for your next exam.



Dear Reader,

With this edition, we mark the end of this academic session. We wish that the new session brings new knowledge & discoveries, as well as new challenges for our students. Unwind, relax and take a break before you begin with the next session. But don't forget to send in your entries for the next edition latest by 31st March, 2020 to theschoolconnect@bbpsmv.com