



THE SCHOOL CONNECT



Vol.III | Issue 3 | August, 2019

Honouring the BBPS Scholars : Sh. G.C. Lagan Academic Excellence Awards - 2018-19



Dr. Arun Kumar Tripathi, Director General at National Institute of Solar Energy being felicitated by Director Sh. B.B. Gupta and Principal Mr. Vividh Gupta



Kritik Mathur awarded with a Certificate, Trophy & Rs.11000 Cheque Prize for securing 96.6% in Class XII CBSE Board Exam



Disha Bidani awarded with a Certificate, Trophy & Rs.11000 Cheque Prize for securing 96.6% in Class XII CBSE Board Exam



Yash Joshi awarded with a Scholar Badge, Certificate, Trophy and Rs. 5100/- Cheque Prize for securing 97.2% in Class X CBSE Board Exam

It is an established tradition to honour the academic and non academic scholars of Bal Bhavan on the occasion of the Birth Anniversary of its Founder Chairman, Late Sh. G.C. Lagan. Owing to the occasion, this year too, the event was organised on 16th August, 2019. The ceremony was conducted in the benign presence of the chief guest, **Dr. Arun Kumar Tripathi (Director General at National Institute of Solar Energy) and Sh. Ramesh Kandpal (Convenor and Instructor at Akhil Bhartiya Anuvrat Nyas).**

As a tribute to the late chairman, the event began with a customary welcome and a few cultural presentations by school students, and thereupon following the speech by the Chief Guest, the school honoured its 6, class XII CBSE toppers session 2018-19, scoring 95% and above aggregate with a certificate of merit, trophy and a cheque prize of Rs. 11000/- each, 9 toppers of class X scoring 95% and above aggregate were rewarded with a certificate of merit, trophy and cheque prize of Rs. 5100/- each. Along with school also rewarded 9 students who scored a perfect 100 in different subjects with a certificate, medal and a cheque prize of Rs. 1100/- each. 71 students of class X and XII securing 90-95% aggregate were also rewarded with a medal and a certificate; the consistent scholars of the school were also rewarded with a Scholar Badge and a certificate. School also acknowledged the courage and dedication of students who maintained a 100% attendance for 3 consecutive years and they were honoured with a trophy and a certificate. The school teachers Ms. Alka Sharma (TGT Mathematics) and Ms. Mansi Malkotia (PGT History) were rewarded with a trophy and certificate for their commendable result in CBSE board examination for class X. Ms. Ritu Trikha, one of the school staff members was rewarded with a trophy and certificate for maintaining 100% attendance for consecutive two sessions.



Saumya Singh awarded with a Scholar Badge, Certificate, Two Trophies and Rs. 5100/-+1100/- Cheque Prize for securing 97% in Class X CBSE Board Exam



Ms. Alka Sharma (TGT Mathematics) receiving Trophy and Certificate for excellent result in Class X CBSE Board Examination (2018-19)



Ms. Mansi Malkotia (PGT History) receiving Trophy and Certificate for excellent result in Class X CBSE Board Examination (2018-19)



The school Director - Shri B.B. Gupta and Principal - Mr. Vividh Gupta along with the Chief Guest Dr. Arun Kumar Tripathi congratulated all the achievers and their parents for their achievements.

W Willing to Learn **I** Innovate & Create **N** Nothing is Impossible **G** Go ahead & Grab it!!! **S** Sky is the Limit

Your **WINGS** already exist all you have to do is **FLY**



India and The World

Bharat Ratna 2019 Awards presented by President of India



Former President of India Pranab Mukherjee, singer Bhupen Hazarika and Bharatiya Jana Sangh leader Nanaji Deshmukh have been conferred Bharat Ratna, the highest civilian award in India. President Ram Nath Kovind gave the award during an event at the Durbar Hall of Rashtrapati Bhawan. Hazarika and Deshmukh have been given the honour posthumously. Hazarika's son Tej Hazarika received the award on behalf of his father, whereas Virendrajeet Singh, Chairman of Deendayal Research Institute, accepted the honour on behalf of Deshmukh.

Virasat-e-Khalsa set to enter Asia Book of Records



The Virasat-e-Khalsa museum in Punjab's Anandpur Sahib town is all set to find a place in the Asia Book of Records for becoming the most visited museum in the Indian sub-continent on a single day. The museum had witnessed a record footfall of 20,569 visitors on a single day on March 20, becoming the most visited museum in the Indian sub-continent on a single day. So far, 10 million people have visited the 8-year-old museum.

HRD Minister launches Teachers Training Programme 'NISHTHA'



Human Resources Development Minister Ramesh Pokhriyal 'Nishank' launched the Integrated Teachers Training Programme, NISHTHA, National Initiative for School Head's and Teachers' Holistic Advancement. The integrated programme aims to build the capacities of teachers and Heads of the school at the elementary level in all government school, faculty members of state councils of Educational Research and Training and other educational departments of all States and Union Territories. The integrated training will motivate and equip teachers to encourage and foster critical thinking in students, handle diverse situations and act as first level counsellors.

PM Modi Honoured with UAE's Highest Civilian Award "Order of Zayed"



Prime Minister Narendra Modi was honoured with the 'Order of Zayed', the UAE's highest civilian award, as a mark of appreciation for his efforts to boost bilateral ties between the two nations. The award has earlier been bestowed on several world leaders, including Russian President Vladimir Putin, Queen Elizabeth II and Chinese President Xi Jinping. Modi ji thanked the UAE government for the honour and dedicated the award to the skills and abilities of 1.3 billion Indians.

Russia launches world's first nuclear power plant in Arctic

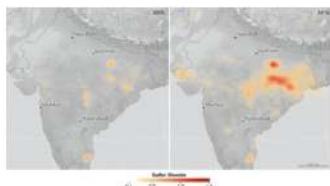


Russia has reportedly launched the world's first floating nuclear power plant, hauling it in an epic 6,000-kilometer journey to a remote Siberian town near the US state of Alaska. The vessel Akademik Lomonosov is loaded with nuclear fuel on its two 35-megawatt reactor systems. The ship is named after Russian polymath, scientist and writer Mikhail Lomonosov, has a crew of 69 and travels at a speed of 3.5 to 4.5 knots. Vessels such as the Akademik Lomonosov, with an overall 40-year life cycle that may be extended to 50 years, can be used to power desalination plants for island countries with shortage of fresh water.

India becoming world's biggest sulphur dioxide emitter as it has maximum hotspots



India is the world's largest emitter of sulphur dioxide, which is produced from coal burning and greatly contributes to air pollution. The major SO₂ emission hotspots in India are Singrauli in Madhya Pradesh, Neyveli and Chennai in Tamil Nadu, Talcher and Jharsuguda in Odisha, Korba in Chhattisgarh, Kutch in Gujarat, Ramagundam in Telangana and Chandrapur and Koradi in Maharashtra. The vast majority of plants in India lack flue-gas desulfurization technology to reduce their air pollution, according to the analysis.

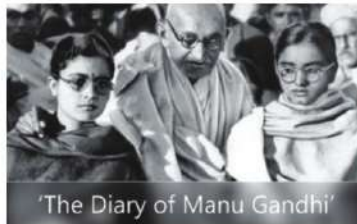


PV Sindhu's Victory puts India on Top of the World



PV Sindhu became the first Indian to win badminton World Championships gold by beating familiar rival Nozomi Okuhara of Japan in a lop-sided final. She is also the joint-most successful women's singles shuttler at the world meet, having won 5 medals in just 6 appearances.

Culture Minister Prahlad Patel launches book titled 'The Diary of Manu Gandhi'



Culture and Tourism Minister Prahlad Singh Patel launched the book titled- 'The Diary of Manu Gandhi'. The book has been brought out by National Archives of India, on the occasion of 150th anniversary of Mahatma Gandhi in collaboration with Oxford University Press. The book is originally written in Gujarati language has been edited and translated by a well known scholar Dr. Tridip Suhrod. The first volume of the book covers the period of 1943-1944. Manu Gandhi was a grand niece of Mahatma Gandhi.

Russia Launches Humanoid Robot 'Fyodor' to Space Station on Rare Soyuz Test Flight



Known as Fedor, which stands for Final Experimental Demonstration Object Research, the Skybot F-850 became the first humanoid robot to be sent to space by Russia after it was launched from the Baikonur Cosmodrome in Kazakhstan. Travelling in an unmanned Soyuz MS-14 spacecraft, Fedor is expected to dock at the ISS with more than 650kg of cargo, including medical supplies and food rations for the crew waiting at the station. The spacecraft is scheduled to stay until Sept. 7.

Ajay Kumar appointed New Defence Secretary



Ajay Kumar was appointed the new Defence Secretary. He will replace Sanjay Mitra whose term ends on August 23. Subash Chandra, IAS (of 1986 batch), Special Secretary, Department of Defence, is the new Secretary, Department of Defence Production. He will take over from Ajay Kumar, IAS (1985 batch).

President inaugurates underground Bunker Museum at Raj Bhavan Mumbai



President Ram Nath Kovind inaugurated the underground 'Bunker Museum' at Raj Bhavan in Mumbai. The 15,000 square feet underground bunker museum has virtual reality booths in which visitors can "time travel" to the 19th century. The bunker was created in the 19th century to fire cannons at approaching enemy ships. The museum will be opened for the general public with an online booking facility later this year. President Kovind was shown around the exhibition and given an audio visual experience of the history of Raj Bhavan at a virtual reality booth.

1st Central Institute of Chemical Engineering and Technology to be set up in Gujarat



Union Minister of State for Chemical & Fertilizers Mansukh Mandaviya has announced that the first Central Institute of Chemical Engineering & Technology (CICET) will be set up in Gujarat, either in Vatva or Surat. He said that the research in plastic engineering technology is the need of the hour to check the pollution. The Minister announced to set up a CIPET training institute in Valsad and a Skill Development Centre will start functioning from this October in Bhavnagar. CIPET will also start diploma courses in Sanand near Ahmedabad. He appealed people to join the movement to collect littered plastic waste on 2nd October.

Shah Rukh Khan awarded Excellence in Cinema award at Indian Film Festival of Melbourne



Superstar Shah Rukh Khan was felicitated with 'Excellence in Cinema' honour at the awards night of Indian Film Festival of Melbourne on August 8. The festival paid tribute to the actor's continuous contribution to cinema and popular culture in India with the award. Shah Rukh, was also the chief guest at the festival, he was presented the award by Linda Dessau, who is the first female Governor of the State of Victoria. The felicitation took place at the iconic Palais Theatre in Melbourne.

THE VICTORY TRUMPET

ZONAL CULTURAL COMPETITIONS - 2019

S.No.	Event	Category	Name of The Student	Class & Sec	Position
1	POETRY ENGLISH	SR GIRLS	DIKSHA KUSHWAHA	XII E	III
2	POETRY ENGLISH	JR GIRLS	SHARANYA BISHT	VIII A	I
3	ON THE SPOT PAINTING	SR GIRLS	ARUSHI PRINCY	XII A	II
4	DRAWING COMPETITION	JR BOYS	KETAN KOLAY	VIII A	III
5	DRAWING COMPETITION	JR GIRLS	KASHISH	VIII C	I
6	POETRY HINDI	SR BOYS	YASH JOSHI	XI B	I
7	POETRY HINDI	SR GIRLS	SHALINI SINGH	XI E	II
8	DEBATE ENGLISH	JR BOYS	SAKSHYA AHLAWAT, SURYA THAKUR	VII D, VIII C	II
9	EXTEMPORE ENGLISH	JR GIRLS	KHUSHBOO	VIII C	III
10	DEBATE HINDI	SR BOYS	JATIN CHAUHAN, PRATHAM NARULA	XII A, XA	I
11	SLOGAN WRITING ENGLISH	SR BOYS	VINAY SINGH RANA	IX F	III
12	POETRY PUNJABI	SR BOYS	JASHAN PREET SINGH	XI F	II
13	POETRY PUNJABI	JR BOYS	MANMINDER SINGH	VIII A	I
14	POETRY URDU	SR BOYS	SACHIN KUMAR	IX F	I
15	POETRY URDU	JR BOYS	SUBRAT PANDA	VIII C	I
16	POETRY SANSKRIT	JR GIRLS	KHUSHBOO	VIII C	III
17	DECLAMATION HINDI	SR BOYS	AYUSHMAN BARI	XI A	I
18	DECLAMATION HINDI	JR BOYS	SAKSHYA AHLAWAT	VII D	I
19	DECLAMATION ENGLISH	SR GIRLS	ANCY ANN OOMMAN	XII B	III
20	DECLAMATION ENGLISH	JR GIRLS	SHARANYA BISHT	VIII A	I
21	MONO ACTING	SR BOYS	NISHKARSH MAHESHWARI	X C	II
22	MONO ACTING	JR GIRLS	SHARANYA BISHT	VIII A	I
23	SOLO CLASSICAL DANCE	SR GIRLS	SAMRIDHI YADAV	IX B	III
24	INSTRUMENTAL MUSIC (SWAR)	SR BOYS	ADITYA JOSHI	XII E	III
25	INSTRUMENTAL MUSIC (TAAL)	JR BOYS	SUBRAT PANDA	VIII C	III
26	LIGHT MUSIC	SR GIRLS	SHRIYANSHI GUPTA	X D	I
27	CLASSICAL MUSIC	SR GIRLS	ADRIJA MONDAL	X B	III

ZONAL LEVEL GROUP COMPETITIONS

S.No.	Competition	Category	Position
1	GROUP PATRIOTIC SONG	Girls	II
2	GROUP PATRIOTIC SONG	Boys	III
3	QAWWALI	Girls	I
4	ORCHESTRA	Team	III

ZONAL CULTURAL COMPETITIONS - 2019 (PRIMARY WING)

No.	Event	Category	Student Name	Class	Position
1	SOLO DANCE COMPETITION	Jr.	Himangi Chaturvedi	V E	III
2	ENGLISH POEM RECITATION	Jr. Boy	Kartikey Pant	V C	II
3	FANCY DRESS COMPETITION	Jr. Girl	Ritika Tiwari	V D	III
		Jr. Boy	Yeisha Gulati Marutinandan Pandey	III E III D	I II

ZONAL SCIENCE COMPETITIONS - 2019

S.No.	Event	Category / Sub Theme	Name of the Student	Class & Sec	Position
1	ZONAL SCIENCE EXHIBITION	CLEANLINESS & HEALTH	UMANG KUMAR SINHA, SAANVI VERMA	XI A	II
2	ZONAL SCIENCE EXHIBITION	RESOURCE MANAGEMENT	AYUSHI MUKHERJEE, KRITI GOEL	IX E	II
3	ZONAL SCIENCE EXHIBITION	FUTURE TRANSPORT & COMMUNICATION	PRATEEK SHARMA, PIYUSH KUMAR SINGH	X A, IX D	I
4	ZONAL SCIENCE EXHIBITION	MIDDLE SCIENCE	PRANAV AGGARWAL, SAKSHYA AHLAWAT	VII D	I
5	ZONAL SCIENCE EXHIBITION	SUPW	KHUSHI JHA, SHREYANSHI VERMA	VIII C, IX C	I

INTERSCHOOL COMPETITIONS

ETHOS @ VIVEKANAND

S.No.	Competition	Student Name	Class	Rank
1	Wordsmith	Khushi Jha	VIII C	I
2	Abhivyakti (Dance Competition)	Sharanya Bisht	VIII A	I
3	Cinomagix (Documentary making)	Shivansh Tuteja	X A	II
		Vaibhav Vardhan Singh	X B	Runner-Up

AIRFORCE GOLDEN JUBILEE INSTITUTE, SUBROTO PARK, DELHI CANTT

S.No.	Competition	Student Name	Class	Rank
1	IQF Kavi Darbar	Khushboo	VIII C	III (Trophy + Certificate)
2	Card Design	Khushi Jha	VIII C	II (Trophy + Certificate)

ANUVRAT NYAS

ANUVRAT NYAS (ZONAL LEVEL)

S.No.	Competition	Category	Class	Rank
1	Group Song	Senior	IX to XII	I
2	Group Song	Junior	VI to VIII	I
3	Solo Song	Shriyanshi Gupta	X D	III

ANUVRAT NYAS (STATE LEVEL)

S.No.	Competition	Category	Class	Rank
1	Group Song	Senior	IX to XII	III

LIBRARY

THE TEMPLE OF LEARNING

Our school's library was inaugurated with a new look on the occasion of the School's Foundation Day by Chairman Sir, Director Sir and Principal Sir. The newly designed Library with beautiful look has a plethora of books. It is divided into separate sections for primary and for senior students.



REPLACING PLASTIC IN DAILY LIFE



We all know that our environment is getting polluted day by day and it is the duty of we humans to not to take this planet for granted and take measures to protect the planet. To control the pollution our government is taking some necessary steps in which we must also

do our part. One important step taken by the government to tackle pollution is the ban of single use plastics. Plastic has toxic pollutants that damage the environment and cause land, water and air pollution. Plastic can take hundreds or even thousands of years to break down, so the damage to the environment is long lasting.

To build a plastic free environment we must first start using alternatives for our basic needs like :

1. Swap polythene for cloth bags

In varied shapes and sizes, polythene bags are the biggest perpetrators of plastic waste. Despite bans in many states, and citizen movements, these bags continue to be in use.

The alternative for this are cloth bags which are reusable, as are made from jute, burlap or even recycled plastic.



2. Bottle up

It's common for us to buy bottled water when we are outdoors or travelling. These bottles are either trashed or end up being reused at home both equally damaging to the environment and our health.

Switch to stainless steel bottles and make sure that there is no plastic coating inside the bottles.



3. Serveware with care

Disposable serveware usually made of plastic has a way of sneaking into households. Commonly used during parties, you can replace those with more eco-conscious choices like the one made from sugarcane, or millet based cutlery which are now available at many online sites.



4. Keep takeaway containers at bay

With growing culture of eating out and takeaways, our homes are filling up with plastic containers that have little sustainability beyond a few uses. Recycle and reuse, but a better alternative is to carry your own containers for takeaways. It might raise a few eyebrows, but many takeaway counters will hardly mind.



5. Stick not to Teflon

Non-stick cookware has changed kitchens in recent years, but the iconic Teflon coating is little more than a synthetic layer on cookware that can adversely affect the quality of food. With increasing concerns about the quality of food cooked on Teflon-coated ware, people are reverting to old-fashioned iron utensils and slow cookers.



6. Sealed pouches and cling film

From vegetables to stationery, an array of household items is stored in zip pouches and cling wraps. Eco-friendly cling wraps are at an infantile stage in India, but you can use alternative container bags. There are nowadays many new organisations which are making many new types of bags from different biodegradable substances.



INDEPENDENCE DAY

"Carried with care, coated with pride, dipped in love, fly in glory, moments of freedom in shade of joy"

Similar feelings for the motherland have been projected by the students of Class Nursery to XII who celebrated the **73rd Independence Day** at our school with passion. Paying tribute to our heroes, the celebration commenced with renditions of patriotic song 'Saare Jahaan Se Achha' in the morning assembly where the entire school was gathered. It filled the entire atmosphere with a patriotic fervour. The tiny tots of Nursery and KG class were attired in white kurta pyjama with nations flag in their hand. To imbibe the feeling of patriotism, children of Classes I and II were informed about the leaders who laid their lives to get the freedom. Thereafter these young talents enthralled the audience by singing patriotic songs melodiously. Further to commemorate the sovereignty of our nation, school's Principal Mr. Vividh Gupta unfurled the tricolor flag and all in unison sang the National Anthem and expressed the joy of our freedom. Indeed, it was a day of joy, a day to love and respect for our country.



FOUNDATION DAY CELEBRATION

"It is not the beauty of a building you should look at; it's the construction of the foundation that will stand the test of time."



The **Foundation Day** of is a special day when the entire school family has a chance to reflect not only the beginning of the institution and its founders, but also on the significant development since the inception.

It was celebrated on 7th August with great enthusiasm. . Our Chairman sir, along with Director and Principal sir graced the occasion and took part in the celebrations.

The school was decorated elegantly. The function started with the lamp lighting ceremony. Afterwards, students of different classes had put up entertaining performances like dance, music, etc. The energy and passion was visible in the presentation.

Prizes were also given away to the students who had brought laurels to the school in various competitions and contests.

The celebrations ended with an inspiring and motivational speech by the school's Principal.

TIME AND SELF MANAGEMENT

“Time flies over us, but leaves its shadow behind” is a proven saying. Keeping this in mind our school organized a workshop on ‘Time and Self Management’ to enable our learners to make best use of their time not only in examination days but also in their daily life chores. Workshop was organised under the eminent guidance of speaker, Aditya Nayyar, who is a facilitator in “Parwarish Institute of Parenting”.

The training aimed to help students in creating the necessary framework which in return allows them to focus on the important things in their school and personal life.

The speaker emphasized that regardless of the position in an organization, success hinges on the effective use of time.

Students were taught the success mantra and also apprised that students who have strong self-management skills. They are able to do different activities effectively, including managing their timelines, focusing on their tasks, competing with others in school, at home and perform better in their studies. It truly explained students that spending a little time learning about time-management techniques will have huge benefits now and throughout your career.



Subject Orientation Program by Centre for Career Development

A Career Counselling Workshop was held on 17 August, 2019 for students of classes IX and X along with their parents under the expert guidance of Mr. Ritesh Jain, who is a facilitator at Jitin Chawla's Centre for Career Development. The workshop gave an insight about how important it was for students to have a back up plan along with aiming for admissions in IIT's, Arts, Hotel Management, Fashion designing and Medical. Discussion was held about the variety of options available other than engineering and medical Science which were open for all the students, such as law, National Defence Services, B.Sc in Hotel Management, B.Sc in statistics, degree courses in Mathematics etc.

The workshop emphasised on the point that there are various opportunities that are now being availed by all the students irrespective of their streams.

He also stated that students must not get influenced by their peer rather need to winnow their own talent in order to bring best out of them. He informed the students about some stream neutral courses which the student of any stream could opt and also informed the students with mathematics could opt for a course called Bachelors in Business Economics that is offered by D.U. that can be pursued if one is not able to pursue Economics.

He motivated the students by disseminating information about various fields in law and the top law schools that offer courses. All the factors affecting the choice of the students were addressed and the myths and superstitions regarding the choices were removed to a large extent. The workshop ended by students asking their queries regarding the choice of subjects and careers. It was indeed very informative and interactive workshop.



Lalit Pokhriyal, III-C



Ayush Gupta, V-B



Gitika Kohli, VII-F

ऊपर उठना है तो खुद को हल्का करो !

क्या आपने किसी पर्वतरोही को पहाड़ पर ऊपर चढ़ते हुए देखा है? क्या वो अपने साथ भारी भरकम बोझा लेकर ऊपर चढ़ता है या सिर्फ जरूरत की चीजों के साथ आगे बढ़ता है?

बेशक, वो सिर्फ उन चीजों को लेकर ऊपर चढ़ता है जो जरूरी हैं और उसके ऊपर चढ़ने में सहायक हैं।

क्या हो अगर वो फालतू की चीजें भी अपने ऊपर लोड कर ले? तब क्या वो ऊपर चढ़ पाएगा? उस ऊँचाई को हासिल कर पायेगा जिसे वो छूना चाहता है? नहीं कर पाएगा न !

यही बात हमारी जिन्दगी में भी लागू होती है अगर हमें ऊपर उठना है तो हमें अपने ऊपर से फालतू चीजों का बोझा हटाना होगा!

कौन सी है फालतू चीजें ?

आपके नकारात्मक विचार आपका आलस आपके अन्दर का डर अपने भीतर झकिये तो सही आपको ऐसी कई बेकार चीजें दिख जायेंगी जिनसे अगर आप छुटकारा पा लें तो आपको शिखर पर पहुँचने से कोई रोक नहीं आएगा!

क्या ये करना आसान है ?

नहीं आसान होता तो सब शिखर पर होते और फिर शिखर की कोई अहमियत ही नहीं रह जाती बल्कि कहना चाहिए कि ऐसा करना मुश्किल है क्योंकि हम बरसों से जिन्दगी के एक समुच्च्य प्रतिरूप में बंधे हुए हैं ? हमारा सोचने का एक तरीका है? काम करने की एक आदत है? ये सब रातों रात नहीं बदला जा सकता...पर जरूरी इस बात को समझना है कि...इसे बदला जा सकता है कि हम कैसे सोचते हैं...कितनी मेहनत करते हैं...कितनी हिम्मत दिखाते हैं...और अगर आप आज तक उस चोटी पर नहीं पहुँचे जिस पर पहुँचना चाहते हैं तो आपको इसे बदलना ही होगा...

जिन्दगी रुपी माउन्टेन के शिखर पर पहुँचने के लिए आपको भी खुद को हल्का करना होगा...मिटाना होगा अपने अंदर की नकारात्मकता को...खत्म करना होगा उस आलस को जिसने आज तक आपको रोके रखा है...हराना होगा वह डर जो आपको अपने दिल की आवाज़ सुनने से रोकता है...एक बार ऐसा करके देखिये और फिर आप जान पायेंगे कि सचमुच ये जिन्दगी कितनी खुबसूरत है!

शायद आप सोच रहे हों कि ये किया कैसे जाए ?

जानते हैं...ये सब पढ़ने के बाद बहुत से ऐसे लोग होंगे जो यही सोचेंगे...और उसके बाद क्या होगा ?

कुछ नहीं...वही पुरानी लाइफ...वही बोझ, जिसे लादे-लादे वे अपनी जिंदगी गुजार देंगे लेकिन कुछ एक ऐसे होंगे जो इस प्रश्न कि, "ये किया कैसे जाए ?" को यँही नहीं जाने देंगे...

वे अपना उत्तर दूँदेंगे वे अपने बेमतलब के बोझ को हटाने का कोई न कोई तरीका जरूर ढूँढ निकालेंगे...वे इस बात की शिकायत नहीं करेंगे कि उन्हें कोई बना बनाया तरीका नहीं दिया गया...बल्कि वे ईश्वर को धन्यवाद देंगे...कि उन्होंने किसी माध्यम से उनके अन्दर जिन्दगी के शिखर पर पहुँचने की दिगारी जलायी !

और एक दिन वे जरूर उस शिखर पर पहुँच जायेंगे जहाँ से दुनिया बड़ी खूबसूरत दिखती है !

चलिए शिखर पर मिलते हैं !

शुभकामनाएं



Sh. G.C. Lagan Academic Excellence Awards (2018-19)



Ms. Ritu Trikha (Cashier) receiving Trophy and Certificate for 100% Attendance for the Session 2017-19



Deepak Gupta awarded with a Certificate, Trophy & Rs.11000/- Cheque Prize for securing 95.2% in Class XII CBSE Board Exam



Father of Rishabh Kalra receiving Certificate, Trophy & Rs.11000/- Cheque Prize for securing 95.6% in Class XII CBSE Board Exam



Vaibhav Sharma awarded with a Certificate, Trophy & Rs. 11000/- Cheque Prize for securing 95% in Class XII CBSE Board Exam



Pears Goyal awarded with a Certificate, Trophy & Rs. 11000/- Cheque Prize for securing 95% in Class XII CBSE Board Exam



Vidhi Sharma, Subject Topper (English) of Class XII CBSE Board Exam awarded with a Certificate and Medal



Janhavi Awasthi Subject Topper (I.P.) of Class XII CBSE Board Exam awarded with a Certificate and Medal



Kanika, Subject Topper (Pol.Sc.) of Class XII CBSE Board Exam awarded with a Certificate and Medal



Students receiving Medal and Certificate for securing 90-95% marks in Class XII Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class XII Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class XII Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class XII Board Examination



Ayushman Bari awarded with a Scholar Badge, Certificate, Two Trophies and Rs. 5100+1100 Cheque Prize for securing 96.6% in Class X



Pankaj Kumar awarded with a Scholar Badge, Certificate, Trophy & Rs. 5100/- Cheque Prize for securing 96.2% in Class X



Anandi Singh awarded with a Certificate, Two Trophies and Rs. 5100+1100 Cheque Prize for securing 96.6% in Class X



Saanvi Sharma awarded with a Certificate, Trophy and Rs. 5100/- Cheque Prize for securing 95.6% in Class X



Anuj awarded with a Certificate, Trophy and Rs. 5100/- Cheque Prize for securing 95.6% in Class X



Avi Kumar Jha awarded with a Scholar Badge, Certificate, Two Trophies and Rs. 5100+1100 Cheque Prize for securing 95.2% in Class X

Sh. G.C. Lagan Academic Excellence Awards (2018-19)



Academic Excellence Award - X
(95% & above)

Pratyush Chandra Jha awarded with a Certificate, Trophy and Rs. 5100/- Cheque Prize for securing 95% in Class X



Subject Toppers - X

Risht Sharma, Subject Wise Topper (Maths) of Class X CBSE Board Exam awarded with a Trophy, Certificate and Rs.1100 Cheque Prize



Subject Toppers - X

Daksh Subject Wise Topper (English) of Class X CBSE Board Exam awarded with a Trophy, Certificate and Rs.1100 Cheque Prize



Subject Toppers - X

Piya Chawla, Subject Wise Topper (F.I.T) of Class X CBSE Board Exam awarded with a Trophy, Certificate and Rs.1100 Cheque Prize



Subject Toppers - X

Diyansh Srivastava, Subject Wise Topper (Maths) of Class X awarded with a Trophy, Certificate and Rs.1100 Cheque Prize



Academic Excellence Award - X
(90% - 95%)

Shubham Jha receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Academic Excellence Award - X
(90% - 95%)

Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Academic Excellence Award - X
(90% - 95%)

Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Academic Excellence Award - X
(90% - 95%)

Anushree Dey receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Academic Excellence Award - X
(90% - 95%)

Students receiving Medal and Certificate for securing 90-95% marks in Class X Board Examination



Students receiving Medal and Certificate for securing 90-95% marks in Class XII Board Examination



Scholar Students

Ishaanvi Singhal receiving Scholar Badge and Certificate for securing 10 CGPA for Three consecutive years

Sh. G.C. Lagan Academic Excellence Awards (2018-19)



Shrishti Singh (IX) receiving Scholar Badge and Certificate for seuring 10 CGPA



Aaditya Singh Mehra (IX) receiving Scholar Badge and Certificate for seuring 10 CGPA



Utkarsh Tiwari (IX) receiving Scholar Badge and Certificate for seuring 10 CGPA



Pratyush Anand (IX) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Aakriti Sharma (IX) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Nitesh Agarwal receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Aakansha Malhotra (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Soumyashree Biswal (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Aaditya Bisht (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Sanchita Singh (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Dev Mishra (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Vidushi Arora (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Tanvi Bisht (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Simran (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Prachi Kandpal (X) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Navneet Yadav (XI) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Harsh Joshi (XI) receiving Scholar Badge and Certificate for seuring 10 CGPA for Three consecutive years



Diksha Kushwaha (XII) receiving Scholar Badge and Certificate for extra ordinary performance for Three consecutive years

Sh. G.C. Lagan Academic Excellence Awards (2018-19)



Umang (XI) receiving Trophy and Certificate for 100% attendance in last three years



Himank Gird (VIII) receiving Trophy and Certificate for 100% attendance in last three years



Shreya Mitra (VIII) receiving Trophy and Certificate for 100% attendance in last three years



Pari Haider (VIII) receiving Trophy and Certificate for 100% attendance in last three years



Shruti Agarwal (VIII) receiving Trophy and Certificate for 100% attendance in last three years



Hitesh Kumar (IX) receiving Trophy and Certificate for 100% attendance in last three years



Sanchay Sharma (IX) receiving Trophy and Certificate for 100% attendance in last three years



Kiran Kumari (X) receiving Trophy and Certificate for 100% attendance in last three years



Jay Pandey(XI) receiving Trophy and Certificate for 100% attendance in last three years



Tisha Choudhary (XI) receiving Trophy and Certificate for 100% attendance in last three years



Mukul Kumar(XII) receiving Trophy and Certificate for 100% attendance in last three years



Astha (XI) receiving Trophy and Certificate for 100% attendance in last three years

Making The Foundations Stronger... Visit to Amar Jyoti School

"Disability is a matter of perception. If you can do just one thing well, you're needed by someone."

The students of our school visited the Amar Jyoti School on the occasion of school's Foundation day. The students spent some quality time with the children. The students were dumbfounded to see the spirit and the cheerfulness of the specially abled children. They were also served food by the students of our school.



THE DELHI MUN CONFERENCE (TDMUNC) 2019

The Delhi Model United Nations Conference is the largest Model UN Conference in Delhi organized each year by the Delhi University Students Union.

Bal Bhavan Public School has been a part of the fourth edition of TDMUNC on the 10th and 11th of August 2019, in DU Conference Center, North Campus, New Delhi-11000. The participants had practical learning experience. The TDMUNC bring out the best in students and promote the importance of improving communication, social skills and knowledge of international affairs and



foreign policies by providing them with a fair platform for showcasing their talents in Debating. TDMUNC this year was themed after the 16th SDG Peace, Justice and Strong Institutions and worked with various prominent UN offices in India such as UNESCO New Delhi Office. The fourth edition of TDMUNC proudly announced 6 committees with the International Press Corps with the best executive board from all over India and abroad. The agenda for each committee had affected millions over the globe and witnessing intellectual debates and powerful solutions and resolutions.



Understanding Careers : A Guide for Students



This column is initiated to aware our students about the various conventional and unconventional career options available to them after +2. If u want us to discuss a career of your choice, or if you are curious to know more about the career option discussed in this edition, please feel free to contact the school counsellor or email us.

DATA SCIENCE AS CAREER

What is Data Science ?

Data Science is a broad field that has data at its core, as the name suggests. This data is accumulated, arranged and analysed to examine its effect on businesses. Data scientists choose and build appropriate algorithms and models to analyze data better and uncover insights from it. Data Scientists convert raw data into valuable information for businesses. For this, they possess knowledge in many different areas including software development, data munging, databases, mathematics, statistics, machine learning and data visualization.

What is the Difference Between Data Science, Big Data and Data Analytics ?

Since all three terms deal with the word 'data', there is a lot of confusion surrounding them. Most people are not aware that they are not the same, and there are many differences between the three different terms.

- **Data Science** is a science or study of data, and involves creating algorithms and models to extract knowledge from data.
- **Big Data** is basically a term that describes large amounts of data. It is not a field in itself, but the analysis of big data is used in many different fields and to make better decisions by businesses.
- **Data Analytics** refers to the analysis of data for drawing conclusions out of it. It is mainly used by businesses to make strategic decisions and solve problems.

Thus, in simpler terms, *data scientists* build the tools and algorithms that can be used to make sense of data, including big data. For this, they utilise technology, machine learning and mathematical principles.

What is the Demand for a Career in Data Science ?

Data is everywhere. From the votes we give in political elections to the pictures we upload on Instagram, everything is data. Reports estimate that by the year 2020, as much as 1.7 MB of digital data will be created each second for every single person on the planet.

With so much data and information available, organizations are focusing more and more on using the insights from this data to evaluate progress, build solutions and make decisions.

How to Start a Career in Data Science in India ?

Due to its multi-disciplinary nature, Data Science requires you to have a broad set of skills, including knowledge of Mathematics, Statistics, Computer Science and Hacking/Coding, coupled with substantial expertise in business or a field of science. Knowledge about the concepts of Artificial Intelligence and Machine Learning are also beneficial.

Thus, to build a career as a Data Scientist, degrees in Mathematics, Statistics, Economics, Engineering, Computer Science, etc. can help form a good base.

Some Top UG Institutes to Build a Career in Data Science/ Data Analytics :

1. **Indian Statistical Institute (ISI), Multiple locations**
Course : B.Stat Hons., B.Math Hons.
2. **Delhi University (Various colleges)**
Course : B.Sc Maths Hons., B.Sc Statistics Hons., B.A Economics Hons., B.Sc. Computer Science Hons., etc.
3. **IIT Kanpur**
Course : B.Tech (various branches), B.S. in Mathematics and Scientific Computing
4. **IIT Bombay**
Course : 5-year M.Sc. program in Mathematics
5. **Indian Institute of Science Education and Research, Multiple locations**
Course : BS-MS program for science befitted students

For post-graduation, you could pursue a postgraduate degree in business analytics, big data, data science, or any of the other fields mentioned before (Mathematics, Statistics, Computer Science, etc.)

The Counselor's Corner

TAKING CARE OF OURSELVES

What do we mean by taking care of ourselves, or self-care?

Self care means doing anything that brings us happiness and enhances our physical, mental and emotional health. Better physical, mental and emotional health is bound to result in better performance at work, or in academics. Self-care can manifest in simple day to day activities such as going for a run, reading a book or listening to music. Self-care is when we take a short break from our everyday routine and spare some time to pamper ourselves.

Why is self-care important?

- **Better productivity.** When we learn how to say "no" to things that over-extend you and start making time for things that matter more, we slow life down in a wonderful way. This brings your goals into sharper focus and helps us to concentrate on what we are doing.
- **Improved resistance to disease.** There is evidence that most self-care activities activate our parasympathetic nervous system (PNS). What this means is that our body goes into a restful, rejuvenating mode, helping it to fortify its immune system.
- **Enhanced self-esteem.** When we regularly carve out time that's only about being good to ourselves and meeting our own needs, we send a positive message to our subconscious. Specifically, we treat ourselves like we matter and have intrinsic value. This can go a long way toward discouraging negative self-talk and our critical inner voice.
- **Increased self-knowledge.** Practicing self-care requires thinking about what we really love to do. The exercise of figuring out what makes us feel passionate and inspired can help us understand ourselves a lot better.
- **More to give.** When we are good to ourselves, we might feel we are being selfish. In truth, self-care gives us the resources we need to be compassionate to others as well. Giving compassion is a bit like filling a bucket; we can't fill someone else's if we don't have enough of our own!



Ms. Varidhi Gupta, Counselor

PHYSICAL SELF CARE

- Dance to your favorite songs.
- Do yoga. Even if you've never tried it, there are poses that are perfect for beginners.
- Join a class and learn a new sport.
- Take adequate sleep.



EMOTIONAL SELF CARE

- Keep a daily diary, and be totally honest about your feelings.
- Write a list of "feeling words" (happy; sad; annoyed; worried, etc) to expand your emotional vocabulary.
- Make time to be with a friend or family member who truly understands you.
- Let yourself cry when you need to.
- Deliberately encourage yourself to laugh with old memories or funny videos.
- Sing along to the song that best expresses your current emotions.

SPIRITUAL SELF CARE

- Keep up a daily meditation or mindfulness practice.
- Read poetry.
- Walk in nature and reflecting on the beauty around you.
- Make a daily list of 5-10 things that make you feel grateful.
- Be creative, whether through art, music, writing or something else entirely.
- Make a list of 5-10 things that make you feel alive, then ask yourself how you can better incorporate these things into your life.
- Say affirmations that ground your sense of self and purpose.

"Take care of yourself. Put yourself on the top of your to-do list everyday, and rest everything will fall into place."

– All the best
– Ms. Varidhi Gupta
School Counselor

TODDLERS' ZONE

"UPCYCLING : TURNING THE OLD INTO NEW!!"

What is upcycling?

It is a process that transforms by-products and materials considered waste or 'unrecyclable' into new ones of better quality and environmental value. The 'up' in upcycling refers to adding value and preventing wastage.

Often, there are objects we don't feel like disposing off due to our attachment to them. 'Upcycling' can now give such objects a new life.

HOW IS IT

DIFFERENT FROM RECYCLING?

Recycling, which converts materials into its original components and make new products, is considered downcycling in 3 R's, upcycling comes under Rouse category.

BENEFITS OF UPCYCLING

1. It reduces the wastage.
2. Conserves resources by minimising the need of new materials.
3. It adds value to the existing product and increases its quality.
4. It aids sustainability.

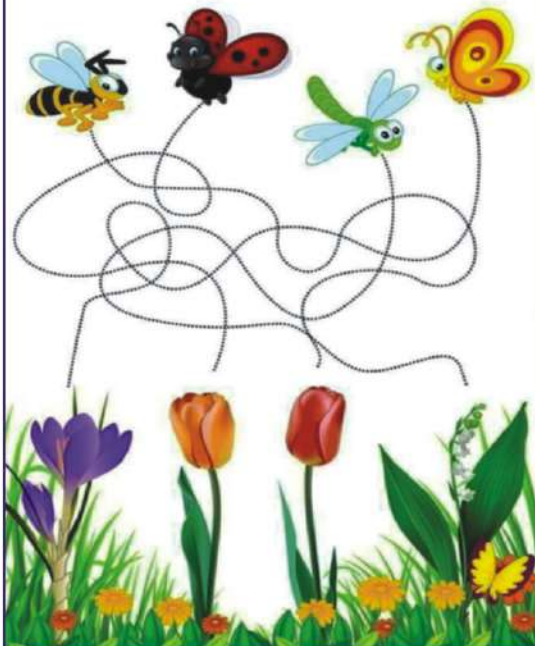


Find the words given below:

B	R	I	T	I	S	H	L	British
S	I	N	P	R	I	D	E	Leader
C	U	D	B	F	M	R	A	Pride
V	K	I	R	L	N	U	D	Freedom
B	H	A	R	A	T	M	E	Bharat
F	H	N	K	G	O	S	R	India
F	R	E	E	D	O	M	E	Drums

SUDOKU

Help them to reach their way



REPLACE BAD READING HABITS WITH GOOD ONES

For successful speed reading, common bad reading habits need to be shed. Among them:

FIXATION : Reading one word at a time slows down the reading process. Practise reading in chunks of two or even five words at a time, starting with two words.

REGRESSION : Reading is an unconscious habit developed by many readers. When one reads the same line twice, before completing a paragraph or lesson, this interrupts the mind's ability to absorb information. To break free of this habit, read like you are watching a movie. Conscious effort to read a complete paragraph without rereading lines increases reading speed.

SUB-VOCALISATION : Repeating words in the head (auditory reassurance) reduces reading speed. Try to read continuously and consciously avoid sub-vocalisation.

Complete Me !

STORY OF GRAMMAR FAMILY

There lives a family in London with the surname - Grammar. The family has a couple, Mr Noun and Mrs Verb. The couple has three children: a son, Pronoun and two daughters, Adverb and Adjective. The son (Pronoun) has to do all the work of his father in his absence. The two daughters love each other but there is a difference between them. Adjective loves her father and brother and keeps praising them. Adverb loves her mother more and she always modifies her when there is a need. There are two servants in the family: Preposition and Conjunction. The Preposition is the chief servant. He is the official servant of his master. Conjunction is the family servant and looks after every member of the family. The Interjection joins the family in times of joy and sorrow.



HEARTENING RUN HIMA DAS

AWARDS AND ACCOLADES

- Received Arjuna Award for athletics in 2018.
- Appointed as the Assam's brand ambassador for sports by the Government of Assam.
- Appointed India's first ever youth ambassador of UNICEF India on 14th November 2018.
- Second athlete from Assam, after Bhogeswar Baruah, to win gold at an International event.
- Gold Medal in women's 4X 400 m in Asian Games at Jakarta.



CELEBRATING THE BIRTH OF LORD KRISHNA

The whole environment of school was full of festive vibes as Janamashtmi was celebrated cheerfully and colorfully by primary students of our school. Understanding the importance and glorifying Indian tradition, class IV presented special assembly on this occasion entitled as "Hari Patit Pawan" which was aimed to sensitize students with various

Krishna leelas integrated with the issue of environment protection in young generation. The celebration commemorated with a skit presentation depicting the diverse 'Leelas' of Lord Krishna where the whole atmosphere was overjoyed with the chanting of 'Hathi Ghoda Palki Jai Kanhaiya Lal ki' by the little devotees.

Class I and II celebrated this occasion by indulging themselves in different activities such as mukut making, scrap book activity, they even relished themselves by beautifying the pictures of peacock, flute, pot of maakhan in their scrap files. On this religious occasion tiny tots of Nursery and KG class enjoyed visiting a temple where aarti and bhajans were recited.



NATIONAL SPORTS DAY

Being fit and healthy isn't a fad or trend instead it's a lifestyle.

On Thursday, **29 August**, it was the occasion of National Sports Day, which commemorates the birth anniversary of legendary hockey player Major Dhyan Chand. Our School organised a special screening of the programme which was broadcasted live by Doordarshan between 10 am to 11 am. Through which, as a part of the Fit India Movement, common people were informed about the advantages of staying fit and healthy.

Prime Minister Narendra Modi launched 'Fit India Movement' in a bid to make physical activities and sports a part of daily routine in every common man's life. In his address, PM Modi made the announcement and urged people to participate in the fitness movement. The educational institutes have also been asked to prepare fitness plan and incorporate daily physical activities into the daily routine on campus.



Good Reads

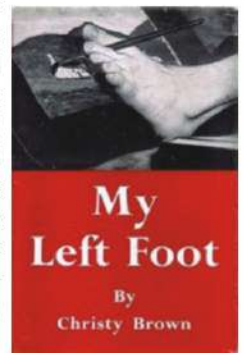
Age Group : 12+

MY LEFT FOOT

By Christy Brown

My Left Foot is the 1954 autobiography of Christy Brown, who was born with cerebral palsy on 5 June 1932 in Dublin, Ireland. As one of 13 surviving children, Brown went on to be an author, painter and poet. He recounts his childhood struggle to learn to read, write, and paint and finally type, with the toe of his left foot.

Christy Brown and his mother might have lacked money, but they were strong together; sometimes the total is far more than the sum of its parts. And so he achieved a good life through his talents. The book teaches us to fight with all ordeals of our life with a smile and never give up.



Dear Reader,

We hope you enjoy reading this edition of your favourite newsletter The School Connect.

Exam time is over and the festive season is about to begin! Depict these festivals in various art forms like poetry, paintings, creative writing and send in your entries for the next edition latest by **30 September, 2019** to theschoolconnect@bbpsmv.com