



THE SCHOOL CONNECT



Issue 5 | October, 2017

2nd Sh. G.C. Lagan Memorial Volleyball Tournament



*That passion was immense,
Breathing dedication, so dense
He dreamt beyond the limits could see,
His vision was his essence and his essence,
his dream...*

It is true that legends are forged in fire and their strength embarks greatness beyond the boundaries of mundane.

Sh. G.C Lagan Memorial Volleyball Tournament was yet another chapter in the legacy of those golden pages which the team of Bal Bhavan public school continue to carve, carrying forward the dream of Hon. Founder Chairman Sir, Sh. G.C. Lagan.

On the day of 26th October, the ground of Bal Bhavan International School was thumped with the sportsman spirit of those warriors, who turned out to be the final challengers after the inter-school matches played on 24th and 25th October in this inter-school volleyball tournament.

The day was embellished with the presence of Mr. Sharad Kaushik (Ex.-Indian Volleyball Captain), having experienced the true spirit of the game, his presence added to the essence of the ambience and was a great encouragement to the spirit of the young players.

This grand event comprised of 16 schools in the category of boys, while 10 in girls. This marvellous tussle resulted in engraving the names of Rai Sports School and Moti Lal Nehru Sports School as winners in the category of girls and boys respectively. At the conclusive day Bal Bhavan Public School, MV-II secured second position in the girls category while at the same time Samiksha of class VIII was awarded as the best attacker of the tournament.

The event was a dedication written in the memory of a personality who never gave up, no matter how adverse the conditions got. It was a thrilling rhyme sung in the name of the true champion of life Hon'ble Shri G.C. Lagan.....



The Rise of Women's Cricket

Women's Cricket is certainly having its moment, thanks to the growing number of women tournaments. It is said that one player cannot make a team, but when it comes to RAGINI YADAV of B.B.P.S. (Under 19 women's cricket) that saying is tossed out of the window. Ragini played as an all-rounder in the team of Arunachal Pradesh. Her self-belief and the confidence was extraordinary. In the first match, A.P. vs Bihar, she took one wicket. In the second match, A.P. vs Meghalaya, she took 7 wickets in 5 overs and in the third match, A.P. vs Sikkim, she took 4 wickets in 9 overs. Her performance and dedication for this game is an inspiration for others.

Arunachal cricket - Under 19 team

THURSDAY 2ND NOV 2K17



Cricket never sleeps



Happy Children's Day



India and The World

India Jumps 30 Places In Ease of Business, PM Modi Says 'Historic'



India has jumped a massive 30 places to 100 in the World Bank's ease of doing business rankings this year, driven by reforms in access to credit, power supplies and protection of minority investors. Prime Minister Narendra Modi, who wants the country in the top 50 on the index, called the achievement "historic". India is closing the gap with China which continues to be ranked at 78 for the second year. In the World Bank's report last year, India had risen one place to 130 among the 190 economies assessed. It was ranked 142 in 2014.

"Violates fundamental rights": Plea in SC challenging linking Aadhaar to mobile



As telecom companies continue to hound users with messages to link their mobile phone numbers with Aadhaar, a fresh petition in Supreme Court has challenged the government's rule.

The petition filed by feminist researcher and activist Kalyani Menon also challenged another rule that makes linking bank accounts with Aadhaar numbers mandatory. Menon's petition challenges a March 2017 circular issued by the department of telecommunication, that requires linking of mobile phone numbers and Aadhaar, following which telecom companies have been bombarding customers with SMS alerts and calls, asking them to link the two to avoid disconnection.

Government to bar homeopathic doctors from selling medicines



Homeopathic doctors will soon be barred from selling medicines from the premises they are practising, according to new rules proposed by the government that are to be notified soon. The new rules were drafted following complaints that commercial interests were influencing behaviour of homeopaths, government officials privy to the development said.

According to one of the draft rules, chemists selling allopathic medicines will also be allowed to sell homeopathic medicines without the need to have a separate license as required now.

"The competent authorities have been defined in the new rules for dispensing homeopathic drugs, thereby preventing a host of complications caused by wrong dispensing. The homeopathic medicines will be available widespread in chemists shops as there will be no need to have an additional license to keep homeopathic medicines as required as per the existing rules. Once the new rules come into effect, the homeopathic medicines will be readily available even in far flung areas."

Homeopathic medicines are covered under the provisions of Drugs & Cosmetic Act, 1940. The new draft rules which were deliberated in detail by the sub committee of DTAB before they were sent to law ministry for vetting, will be notified by the ministry of health and family welfare.

Rail Ecosystem Can Create A Million Jobs Within A Year : Minister Piyush Goyal



Working on various areas across the railway ecosystem in India can create 10 lakh jobs within a year, Union Minister Piyush Goyal said today.

Monetising the real estate assets as well as fast tracking some of the existing investment plans would generate a lot of employment opportunities in the railways and the ecosystem around it, he said.

He said India has huge investment potential but a change in mindset is required to transform the country. Mr Goyal said that with sectors like coal, power showing turnaround, it's the turn of the railways now.

Kurukshetra University gets its own Anthem



With Haryana governor Kaptan Singh Solanki releasing Kurukshetra University anthem, the varsity has one finally after 60 years of its inception. They released anthem 'Kul Geet' at the inaugural function of the varsity's national-level youth festival 'Ratnawali'.

Collectively written by Sanskrit department teacher Vibha Aggrawal, former English teacher Dinesh Dadhichi and director youth and cultural affairs, CDS Kaushal, the anthem 'vedbhoomi ye karmbhoomi hai, gyan bhakti ka amit roop hai, kurukshetra vishwavidyalaya' has been jointly sung by Munish Kumar and Suchismita, teachers in the varsity's music department. The anthem has been composed by Kumar and directed by Suchismita.

India and Australia share T20I series after wet outfield spoils decider



The 30,000-odd spectators at Rajiv Gandhi International Cricket Stadium were expecting cracker of a contest between India and Australia. Instead, they were left disappointed with the T20 International decider getting called off due to wet outfield, despite no rain in this part of the city. Virat Kohli led Indian cricket team thus shared the T20 International series 1-1 with the Australian cricket team, led by David Warner. This is the second time the Men in Blue shared a series with Australia, having drawn a series in Australia in 2011-12.

Virat Kohli Reclaims ICC Top Spot, Surpasses Sachin Tendulkar's Points

Indian captain Virat Kohli returned to the top of the ICC ODI rankings for batsmen after logging career-high rating points, going past the iconic Sachin Tendulkar in the process. Kohli has moved back to the top within 10 days of losing it to South Africa batsman AB de Villiers after the rankings were updated following India's 2-1 home series win over against New Zealand.

The 28-year-old Delhi batsman, who scored 263 runs in the series, has reached 889 points, which is the best ever by an India batsman.



MF says world economy to grow at 3.6% in 2017, 3.7% in 2018 over better recovery



The International Monetary Fund said the global growth forecast for 2017 and 2018 is - 3.6 per cent and 3.7 per cent, respectively citing an upswing in countries like China, Japan, Russia, and some emerging economies in Europe. Releasing its latest World Economic Outlook (WEO), the International Monetary Fund said the global growth is 0.1 percentage point higher in both years than in the April and July forecasts.

New Rajdhani Train introduced on Delhi Mumbai route



The Ministry of Railways has introduced a new Rajdhani on the Delhi-Mumbai route. The special train, which will be launched on October 16, is aimed at reducing travel time by two hours with the current infrastructure and rolling stock.

It will also cut travel fare by Rupees 600-800 in comparison with the other two Rajdhani trains already on the route and will cover a distance of 1,377 km. The train comes at a time when Railways has been losing its passengers to airlines as fares in AC 2 Tier and AC 1 Tier are most of the times higher than flights between two cities.

Flexi fare shall not be levied on bookings on this train. The fare, however, will be 20 per cent more than the base fare of the existing Rajdhani on the route. The concession is between Rs. 600-Rs. 835.

It will initially run for three months -- from October 16 to January 16 -- for three days a week and will chug-off from Delhi on Wednesdays, Fridays and Saturdays and from Bandra on Tuesdays, Thursdays and Saturdays.

Tamil Nadu To Give Rs. 10 Crore to Harvard University For Tamil Chair

Tamil Nadu government has sanctioned Rs. 10 crore towards setting up of a Tamil Chair at the Harvard University in the US, Chief Minister K Palaniswami said today. The move came following requests made to late Chief Minister Ms. J Jayalalitha by two US-based Tamilians, he said. V Janakiraman & Thirugnanasambandam, who had been making efforts for establishing the Tamil Chair at the varsity, had taken up the matter with Jayalalitha and sought the government's help, he said. Subsequently Jayalalitha included it (to extend assistance to such an initiative) in the list of promises as part of AIADMK's election manifesto last year, he recalled.

SBI Announces 10 Crores for Restoration of Mumbai's Iconic Shivaji Terminus

Central Railway's Divisional Railway Manager SK Jain and SBI Managing Director PK Gupta signed a memorandum of understanding, as per which the SBI Foundation will provide Rs. 10 crore towards the project under the "SBI-Project Swachh Iconic CSMT". The Shivaji Terminus has been identified as one of the top 10 Swachh Iconic Places by the Ministry of Drinking Water & Sanitation under the Swachh Bharat Mission programme of the central government.

The project undertaken by SBI Foundation will provide the amount to the Central Railway over a period of three-to-five years for renovation of the building. The project will be evaluated, executed and monitored by Central Railway.

Voice Your Opinion

... it matters!!!

In our last issue, we invited your reflections on, whether the decision of HRD Ministry to replace Convocation gowns with Indian Ethnic Wear prove to be fruitful? Here are some of the excerpts from of your opinions :

"Kudos to the decision of HRD ministry, as they finally got time to focus on English Colonialism still prevalent in Indian Setup, however I believe that before that there are several other important issues that need to be taken into consideration by HRD ministry which are left unattended by their department. On the whole this is mere initial step, hope for further prospective steps by the department for the development of human resource."

- Mrs. Pooja Bhardwaj, (PGT English)
It would be a great change to replace the convocation gowns and caps by Indian dresses like white kurta pajama with modji jacket for boys and white kurta salwar with chuni for girls and the caps would be replaced by the colour of Indian flag as it would be the Indian tradition dress code and the white color would be suitable for the students according to the weather.....

- Sumegha Jain, VIII-B

There is no relation between a student receiving a degree he/she has achieved and the dress one is wearing while one receives it. The HRD Ministry plans to replace the Convocation gowns and caps with Indian Ethnic wear is a 'dictated imposition' which curtails the freedom of the students to wear a dress of their choice. Most people look forward to capture that moment when they would be posing in black robes with black caps, but now it won't be happening.

- Sumeet Upadhyay, IX-B

Replace of convocation cloaks and hats with Indian attire is not going to add up to India's development. In fact the selection of traditional uniform would create a lot of issues. Deletion of all British adaptations is not possible, neither their removal will delete the colonial past of our country. This should not be an issue of concern.

- Tannishtha Bag, XI-A

The focus should not be on what we wear while achieving a degree, rather we must focus on the knowledge that we have gained at the point of getting the degree. Clothes don't describe you, but your character and heart does. Instead, the government must focus on more grave issues like poverty, hunger, corruption, pollution to stride along the path of development.

- Ushashi, XI-A

"Should Kid's Reality Shows be banned?"

There are many reality shows for kids these days in different themes like singing, dancing, acting, playing games etc. Kids' reality shows are facing opposition from several people. Some think that reality shows put enormous pressure on participants to perform well every time and this may cause mental health issues. And hence they should be banned. Other school of thought is that these shows give opportunity for children to bring out their hidden talents and often act as a launchpad for children into film industry. What is your opinion on this?

Send us your views in 50-60 words latest by 19 November, at theschoolconnectbbsmv@gmail.com

THE VICTORY TRUMPET

District Level Competitions (2017-18)

Event	Name of the student	Class	Position
English Poetry Recitation (Senior Girl Category)	Rishita Semwal	XII	I
English Poetry Recitation (Senior Boy Category)	Sanchit Gupta	XII	II
English Poetry Recitation (Junior Girl Category)	Sakshi Mohan	VII	I
Hindi Poetry Recitation (Junior Boy Category)	Keshav Suyal	VII	
Hindi Debate Competition (Senior Boys Category)	1.Rachit Sharma 2.Jatin Chauhan	X	II
English Debate Comp. (Senior Boys Category)	1.Bhavya Chandana 2.Harshit Devtalla	XI XII	III
Essay Writing Hindi (Jr.Boys)	Soumyashree Biswal	VIII	II
Visual Arts (Sr. Boys)	Umang Chauhan	XII	
English Declamation Comp. (Senior Girls)	Akanksha Mishra	XII	I



Zonal Sports Competition : Volleyball

S.No.	Event	Name of the Student	Position	Class
1	Sr. Girls	Sriti	II	XII
2	Sr. Girls	Deeksha	II	XII
3	Sr. Girls	Aditi	II	XII
4	Sr. Girls	Ashima	II	XII
5	Sr. Girls	Kajal	II	XII
6	Sr. Girls	Rachel	II	XII
7	Sr. Girls	Divya	II	XII
8	Sr. Girls	Ananya	II	XII
9	Sr. Girls	Aparajita	II	XII

Zonal Sports Competition : Volleyball

S.No.	Event	Name of the Student	Position	Class
1	Sub Jr. Girls	Chanisha Sachdeva	I	VII
2	Sub Jr. Girls	Lakshita Rawat	I	VII
3	Sub Jr. Girls	Samikcha	I	VIII
4	Sub Jr. Girls	Chhavi Chauhan	I	VIII
5	Sub Jr. Girls	Arpita	I	VIII
6	Sub Jr. Girls	Kanishka Sharma	I	VIII
7	Sub Jr. Girls	Yukti Devtalla	I	VIII
8	Sub Jr. Girls	Kiran Kumari	I	VIII
9	Sub Jr. Girls	Vishakha Bisht	I	VIII

Zonal Sanskrit Competitions (2017-18)

Event	Name of the student	Class	Position
Sanskrit Shlokuchcharan Pratiyogita	1. Yash Joshi 2. Aayushman Bari 3. Aaditya Saklani 4. Navdeep Singh 5. Tanishk Kakkar 6. Nishant Gupta	IX A IX A IX A IX A IX B IX B	IVth and Rs. 1200/-
Sanskrit Qawwali Pratiyogita	1. Aniruddha 2. Shreyanshi Gupta 3. Adrija Mondal 4. Soham Bose 5. Keshav Suyal 6. Sagar Bag	VIII C VIII C VIII C VIII B VII A VII A	Consolation and Rs. 900/-
Sanskrit Vaad-vivaad Pratiyogita	1. Yash Joshi 2. 3. Ancy Ann Ooman	IX A X A	IInd and Rs.1800/-
Sanskrit Bhashan Pratiyogita	1. Anushka Sinha	XI B	IIIrd and Rs.800/-
Sanskrit Ekal Shlok Gayan	1. Jashanpreet Singh	IX B	Consolation Rs. 300/-



Zonal Sports Competition : Volleyball

S.No.	Event	Name of the Student	Position	Class
1	Sub Jr. Boys	Divye Singh	II	VI
2	Sub Jr. Boys	Pratham Arora	II	VI
3	Sub Jr. Boys	Ayush Singh	II	VII
4	Sub Jr. Boys	Dushyant Garg	II	VIII
5	Sub Jr. Boys	Rishabh Semwal	II	VIII
6	Sub Jr. Boys	Nikhil Gupta	II	VIII
7	Sub Jr. Boys	Pushp Goyal	II	VIII
8	Sub Jr. Boys	Jatin Dhaundiyal	II	VIII
9	Sub Jr. Boys	Om Rastogi	II	VIII
10	Sub Jr. Boys	Aditya Bisht	II	VIII
11	Sub Jr. Boys	Arnav Bajaj	II	VIII
12	Sub Jr. Boys	Debdeep Mishra	II	VIII



Zonal Sports Competition : Athletics

S.No.	Event	Name of the Student	Position	Class
1	100 & 200 Mtr. (Sub Jr.)	Aarna Gosh	II	VI A
2	4x100 Mtr. (Sub Jr.)	1. Aarna Gosh 2. Kanak Nagar 3. Dimple 4. Harshita	I IX VIII	VI VI IX VIII
3	2x100 Mtr. (Jr. Boys)	Aryan Kutthi	II	X
4	4x100 Mtr. (Jr. Boys)	1. Aryan Kutti 2. Yash Madhwal 3. Aditya Gautam 4. Yuvraj Singh	III X IX	X X X IX
5	4x400 Mtr. (Jr. Boys)	1. Aryan Kutti 2. Yash Madhwal 3. Aditya Gautam 4. Yuvraj Singh	II X IX	X X X IX



Zonal Competitions (2017-18)

Event	Name of the student	Class	Position
Science Competition	1.P. Sai Vignesh 2.Jayant Singhal	XII	I
SUPW	1.Arushi Princy 2.Diksha Kushwaha	X	I

Annual Fiesta "Renaissance" Inter School Competitions organised by Vivekanand School, Anand Vihar

S.No.	Event	Name of The Student	Class	Position
1.	Enactment of Fairy Tale	1. Avni Sharma 2. Shishank Gupta 3. Divyansh Dhoundiyal 4. Kartik Upreti 5. Upneet Panwar 6. Virat Bagri	II A II A II C II D II D II F	II
2.	Hanging Garden of Babylon	1. Aditya Bansal 2. Vihaan Jain 3. Ansh Singh	V B V B V F	III
3.	Bizz Skit	1. Sanchit Gupta 2. Manav Singh 3. Rishita Semwal 4. Akanksha Mishra 5. Shreya Sood	XII XII XII XII XII	II
4.	Maths Relay	1. Surya Thakur 2. Siddharth Chandra 3. Aditya Bisht	VI VII VIII	II
5.	Geeta Gayan	1. Sanchita Singh	VIII	II
6.	Build out Web	1. Faisal Ayub 2. Tushar Nautiyal	X XII	III
7.	Junkyard Innovation	1. Gaurav Rawat	XII	I



Inter-House Competition

Event	Winners	Class	Position	House
Drawing Competition	Bhumika Rawat	VII-A	FIRST	Pragati
	Vanshika Chaudhary	VIII B	Consolation	Pragati
	Shivansh	VII A	Consolation	Nirman
	Himani Mishra	XI B	FIRST	Prerna
	Chhavi Aggarwal	XI E	Consolation	Pragati
	Saumya Singh	IX A	Consolation	Pragati
	Akshita Garg	XII B	Consolation	Nirman
	Saanvi Verma	IX B	Consolation	Prerna

Inter-School Poster Making Competition being held in Observance of Vigilance Awareness Week

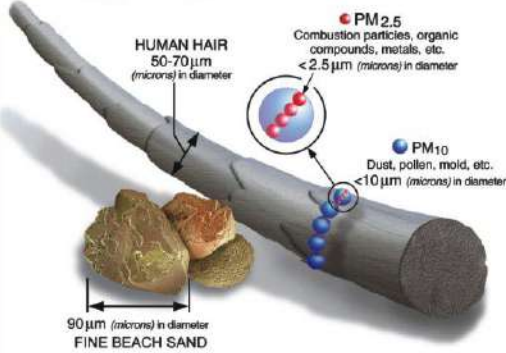
Theme	Name of The Student	Class	Position
"My Vision : Corruption Free India"	1. Umang Chauhan	XII	I

Particulate Matter and Air Pollution



Green Corner

What is PM, and how does it get into the air?



Size comparisons for PM particles

PM stands for particulate matter (also called particle pollution): the term for a mixture of solid particles and liquid droplets found in the air. Some particles, such as dust, dirt, soot, or smoke, are large or dark enough to be seen with the naked eye. Others are so small they can only be detected using an electron microscope.

Particle pollution includes:

- **PM₁₀**: Inhalable particles, with diameters that are generally 10 μm and smaller
- **PM_{2.5}**: Fine inhalable particles, with diameters that are generally 2.5 micrometers (μm) and smaller.
- **How small is 2.5 micrometers?**

Think about a single hair from your head. The average human hair is about 70 micrometers in diameter making it 30 times larger than the largest fine particle.

Sources of PM

These particles come in many sizes and shapes and can be made up of hundreds of different chemicals.

Some are emitted directly from a source, such as construction sites, unpaved roads, smokestacks or fires.

Most particles form in the atmosphere as a result of complex reactions of chemicals such as Sulphur dioxide and Nitrogen oxides, which are pollutants emitted from power plants, industries and automobiles.

What are the Harmful Effects of PM?

Particulate matter contains microscopic solids or liquid droplets that are so small that they can be inhaled and cause serious health problems. Particles less than 10 μm in diameter pose the greatest problems, because they can get deep into your lungs, and some may even get into your bloodstream.

Health and Environmental Effects of Particulate Matter (PM)

Health Effects

The size of particles is directly linked to their potential for causing health problems. Small particles less than 10 μm in diameter pose the greatest problems, because they can get deep into your lungs, and some may even get into your bloodstream.

Exposure to such particles can affect both your lungs and your heart. Numerous scientific studies have linked particle pollution exposure to a variety of problems, including:

- Premature death in people with heart or lung disease
- Non-fatal Heart attacks
- Irregular Heartbeat
- Aggravated Asthma
- Decreased Lung function
- Increased respiratory symptoms, such as irritation of the airways, coughing or difficulty breathing.

People with heart or lung diseases, children, and older adults are the most likely to be affected by particle pollution exposure.

Environmental Effects

- **Visibility impairment**
Fine particles (PM_{2.5}) are the main cause of reduced visibility (haze).
- **Environmental damage**
Particles can be carried over long distances by wind and then settle on ground or water. Depending on their chemical composition, the effects of this settling may include:
 - making lakes and streams acidic
 - changing the nutrient balance in coastal waters and large river basins
 - depleting the nutrients in soil
 - damaging sensitive forests and farm crops
 - affecting the diversity of ecosystems
 - contributing to acid rain effects.

Materials damage

PM can stain and damage stone and other materials, including culturally important objects such as statues and monuments. Some of these effects are related to acid rain effects on materials.

How Can I Reduce My Exposure to PM?

You can use air quality alerts to protect yourself and others when PM reaches harmful levels:

Every day the Air Quality Index (AQI) tells you how clean or polluted your outdoor air is, along with associated health effects that may be of concern. The AQI translates air quality data into numbers and colors that help people understand when to take action to protect their health.

What can I do to reduce my exposure to fine particle pollution when levels are extremely high?

- **Stay indoors in an area with filtered air:**
Particle pollution can get indoors, so consider purchasing an air purifier if you live in an area with high levels of particle pollution.
- **Keep your activity levels low:**
Avoid activities that make you breathe faster or more deeply. This is a good day for indoor activities, such as reading or watching TV.
- **If you cannot buy filters for your entire home, create a clean room for sleeping. You may also use masks as specified by the health authorities.**
- **Take additional steps to keep pollution in your home low:**
Air cleaners alone may not be enough. Because particle pollution from the outdoor air can easily get inside, take steps to avoid adding even more pollution indoors when outdoor PM 2.5 levels are high:
 - o Avoid using anything that burns, such as wood fireplaces, gas logs and even candles or incense.
 - o Keep the room clean but don't vacuum unless your vacuum has a HEPA filter. That stirs up particles already inside your home. Wet mopping can help reduce dust.
 - o Don't smoke.
 - o Be cautious when the weather is hot. If it is too hot to stay inside with the windows closed, or if you are in an at-risk group, go somewhere else where the quality of air is better.

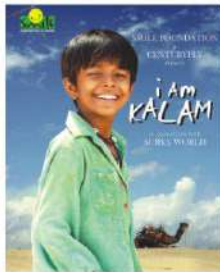
Selecting an air cleaner

Air cleaners that remove particles include high-efficiency mechanical filters and electronic air cleaners, such as electrostatic precipitators. *Avoid using an air cleaner that works by generating ozone, which will increase the pollution in your home.*

A must watch-Movie Review

I AM KALAM

I am Kalam is a 2011 hindi film directed by Nila Madhab Panda. Despite many impediments, believing in actions rather than in destiny it is the heartwarming story of a poor boy who aspires to learn; a young dreamer determined to rise above his humble roots and carve his own destiny depicting friendship, love, truthfulness, self-belief and dreams. 'I Am Kalam' totally lives up to the credentials of its title. The dream in Chhotu's eyes, who calls himself a reflection of Dr. Kalam, touches the right chords. A conceptually brilliant, socially awakening, emotionally touching, and worth-watching movie which deliver an important message about children and the importance of education.



IMPORTANT DATES November

1st SATURDAY OF NOVEMBER - Book Lovers Day

Book Lovers Day encourages you to find a place in the shade to relax with a good book. Book reading is a great hobby. It's an important one, too. Employers look for it on resumes. Reading is educational, informative, and relaxing. It makes us both smarter, and happier people.

12th November - World Pneumonia Day

Pneumonia is the number one killer of children under 5, claiming more young lives than AIDS, malaria, and measles combined. Yet most people are unaware of pneumonia's overwhelming death toll. Because of this pneumonia has been overshadowed as a priority on the global health agenda, and rarely receives coverage in the news media. World Pneumonia Day helps to bring this health crisis to the public's attention and encourages policy makers and grassroots organizers alike to combat the disease.

14th November - Children's Day

As a tribute to the first Prime Minister of India, Jawaharlal Nehru, Children's Day is celebrated on his birthday in India. Lovingly called 'Chacha Nehru' by the kids, Nehru gave emphasis to the significance of giving love and affection to children, who are the bright future of India. The main purpose of this day is to encourage the welfare of children all over the country. The first ever Children's day was celebrated in 1954.

14th November - World Diabetes Day

Diabetes is a growing problem in children and adults. Many see it as a looming crisis in the world, due to our diets, and more sedentary lifestyles. The Objective to celebrate this day is to raise awareness of its causes, effects and complications and to encourage people to make lifestyle changes to fight the onset of this disease.

16th November - International Day for Tolerance

The International Day for Tolerance is an annual observance declared by UNESCO in 1995 to generate public awareness of the dangers of intolerance.

19th November - World Toilet Day (WTD)

Originally established by the World Toilet Organization in 2001, the day is set aside to draw attention to the global sanitation crisis. The day focuses on the importance of proper sanitation and advocates for access to clean and safe toilets for all. In 2013, the United Nations (UN) passed a resolution recognizing WTD as an official UN international day.

25th November - International Day for the Elimination of Violence Against Women

The United Nations General Assembly has designated November 25 as the International Day for the Elimination of Violence Against Women. The premise of the day is to raise awareness of the fact that women around the world are subject to various forms of violence; furthermore, one of the aims of the day is to highlight that the scale and true nature of the issue is often hidden.

KNOW YOUR CITY

Agrasen ki Baoli

Agrasen ki Baoli close to the heart of Connaught place in Central Delhi is a beautiful but not so frequented hangout. This 14th century baoli, an ancient stepwell is like a blast from the past. Flanked on both sides by niches, chambers and passageways, the 104 stone steps, descending into the well's dried bottom have three levels.



As one enters there is a mosque on one side and the only inhabitants are the hundreds of pigeons. Centuries ago this was a reservoir as well as a summer refuge for citizens, living in pre lodhi times. As the water level plunged, the people would seek a cooler retreat in the baoli's lower reaches. Till 2002 there was water but the popularity of this baoli spanning 60 metres in length and 15 metres in width has evaporated with its water.

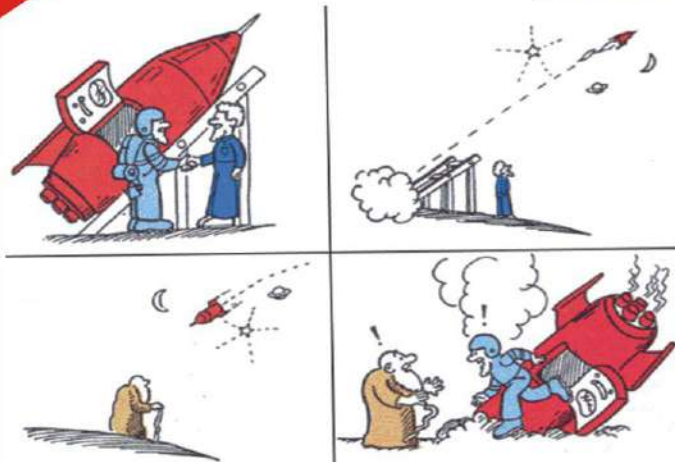
Agrasen ki Baoli came into prominence as a mainstream tourist attraction when the movie 'PK' was released starring Aamir Khan. The recent flick 'Sultan' starring Salman Khan also showed the superstar working out and climbing the steps in the Baoli while carrying a load of bricks.

Agrasen ki Baoli might not be the best attraction in Delhi. But, if you are in Connaught Place in Delhi, you can surely pay a short visit here.

The Baoli's solitude is remarkable but it's a pity that this beautiful relic that has travelled for its time schedule and is holding its own against gleaming skyscrapers and yet its magnificence lies unacknowledged. What's left is now just a silent place echoing with cooing of pigeons and screaming of bats, standing still in time and who knows how long it will continue to do so. The stones of this Baoli have already seen centuries of passing time and will probably see a few more. It's definitely not a place that one would want to visit to enjoy oneself but a place that is located right in heart of one of the busiest cities of India and yet is wrapped in a blanket of calm, far away from the hassles of the city.

Paradoxes

A paradox is a statement that, despite apparently sound reasoning from true premises, leads to a self-contradictory or a logically unacceptable conclusion. These are some paradoxes that will make you giggle and think!



The Genie Paradox

If a man talking to a genie wishes that wishes couldn't come true. This contradicts itself because if the genie grants his wish, he did not grant his wish, and if he refuses to grant his wish, then he did indeed grant his wish, therefore making it impossible to either grant or not grant his wish because his wish contradicts itself.

The Liar Paradox

The classical liar paradox or liar's paradox is the statement of a liar who states that they are lying.

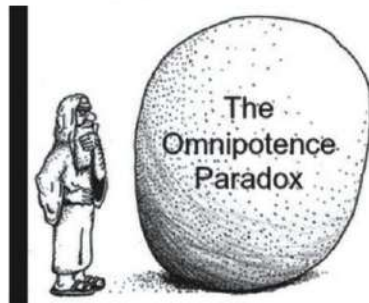
If someone says that, "I am lying" and is indeed lying, it means that he is indeed telling that truth. But that implies that he is not lying and the statement itself becomes a lie but then it again becomes the truth as he is lying and so on.

The Twins Paradox

The General Theory of Relativity implies that time slows down when someone travels near to the speed of light, the time slows down for the person. This leads to the so-called Twins Paradox.

Let's suppose there is a pair of twins. One of these twins lives a normal life on the Earth while the other twin becomes an astronaut and travels in space near the speed of light. So the twin who has become an astronaut will age slower than his Earth-bound twin. When he returns to the Earth, he will find that his twin has aged more than him, which should not be possible if they are twins.

But this is a proper implication of Einstein's General Theory of Relativity



The Omnipotence Paradox

Can an omnipotent being create a stone so heavy that even he cannot lift it ? ' The quality of having unlimited power is known as omnipotence. If the answer to the underlined question is yes, then the being cannot lift the stone and cannot be omnipotent.

The same thing implies if the answer to the question is no, then also the being is not omnipotent as he cannot create a stone that he cannot lift.

Asking this question can challenge the present definition of omnipotence saying that there can be no omnipotent being.

Credit : Rishit Sharma, IX-A

TEST YOUR KNOWLEDGE



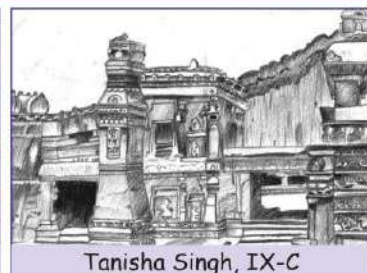
1. Which Indian airport is the world's first airport that completely operates on Solar Power?
2. Name the first woman to receive Ashoka Chakra?
3. What was the name of India's first atomic reactor?
4. What will happen to the weight of the body if the speed of rotation of the earth increases?
5. IDA stands for
6. India's first nuclear blast at Pokhran in Rajasthan took place in which year?
7. What is Hygrometer used for?
8. In which city is Indian Institute of Petroleum located?
9. In which city India's first atomic power station was set up?
10. On which date Human Rights Day is observed?

- Answers :
 1. Cochin International Airport
 2. Neeraj Bhanot
 3. Apsara
 4. The weight of the body decreases
 5. International Development Agency
 6. 1974
 7. To measure relative humidity
 8. Dehradun
 9. Tarapur (Maharashtra)
 10. 10 December

The Artists' Canvas



Jai Pandey, IX-A



Tanisha Singh, IX-C



Shreya Babbar, V-G



Khushi Jha, VI-A



Zeeshan Sharma II-E

Glossary to Literary terms

Demonyms

Meaning : A Proper Noun used to denote the natives of Inhabitants of a particular country, state or city.

Example : Indian, Canadian, Americans, etc.



Pin it! Your mind is a powerful thing. When you fill it with positive thoughts, your life will start to change.



What 8 letter word can have a letter taken away and it still makes a word. Take another letter away and it still makes a word. Keep on doing that until you have one letter left. What is the word?

Answer : The word is starting! starting, starting, string, sting, sing, sin, in, i

Demystifying Science :

What is Patagotitan?

"Patagotitan" which means a "giant from Patagonia," is a new contender to the title of world's biggest dinosaur. Weighing nearly 70 tons heavier than 10 adult African elephants this dinosaur was the largest animal to ever walk on earth, according to some scientists.

This plant-eating beast first made headlines in 2014, after a rancher from Patagonia in Argentina discovered a fossil bone. Last year, the American Museum of Natural History added a cast of the 122-foot-long dinosaur to its exhibit. Its neck and head are so long that they extend outside the gallery.

More than 150 Patagotitan fossils have been unearthed there over the past few years. Patagotitan, which lived about 100 million years ago during the late Cretaceous Period, is considered a titanosaur, a diverse lineage of plant-eating, long-necked dinosaurs with long tails that walked on four legs. The research is published in the journal Proceedings of the Royal Society B.



FELICITATION GALORE



Ms. Ankita Kumari received a certificate for representing our school in School Counsellor's Forum in Fortis Hospital



Yatharth Bisht (class X) was declared as the Best Goalkeeper in 5th Senior National Football Championship in Goa



P.Sai Vignesh and Jayant Singhal received Certificates for attaining I Position in Zonal Level Science Competition



PCRA (Petroleum Conservation Research Association) awarded Arushi Princy and Ancy Ann Ooman of Class X as the Best Team in National Level Drawing Competition



Piyush Sachdeva (VI A) receiving trophy for attaining 100% attendance for three consecutive years



Ankit Bisht (VI A) receiving trophy for attaining 100% attendance for three consecutive years.



Ishika Haldiya(X) receiving Certificate for attaining I Position in Solo Classical Dance Competition organized by Hillwood Academy



Saanvi Singhal receiving prize for attaining II Position in Hillwoods Academy Kalakriti Competitions.

STUDENTS WHO DID US PROUD SELECTED FOR INTER-ZONAL SPORTS COMPETITIONS



Ashish Verma (Class VIII)
Sub. Jr. Football



Smriti (Class XII)
Sr. Basketball



Ritesh Bera (Class VI)
Sub. Jr. Handball



Shivam Pokhriyal (Class VII)
Sub. Jr. Handball



Kartik Goyal (Class VIII)
Sub. Jr. Handball



Komal Yadav (Class X)
Jr. Basketball



Aryan Verma (Class VIII)
Sub. Jr. Handball



Piyush Kumar Singh (Class VI)
Sub. Jr. Handball



Ashish Verma (Class VIII)
Sub. Jr. Handball



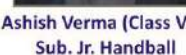
Harshit Singh (Class VIII)
Sub. Jr. Handball



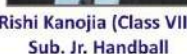
Dev Sharma (Class VIII)
Sub. Jr. Handball



Aman Chauhan (Class VIII)
Sub. Jr. Handball



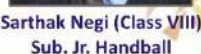
Rajdeep Singh (Class VIII)
Sub. Jr. Handball



Rishi Kanojia (Class VIII)
Sub. Jr. Handball



Ashish Verma (Class VIII)
Sub. Jr. Handball



Sarthak Negi (Class VIII)
Sub. Jr. Handball

5th National Sr. Dueball Championship in Goa

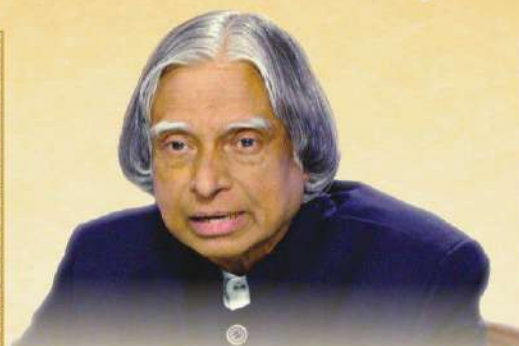
Learning to cooperate with others towards a common goal in Sports is what builds character, friendship and life skills.

To enhance these qualities in young stars, a National Event of Dueball was organised by Dueball association. The National Event was organised in Goa for which several teams applied. Four players from our school Yatharth Bisht(Goalkeeper), Prakhar Rajpoot, Prateek Nainwal, Anant Kandari were selected. The participants from our school presented great energy and sportsman spirit. The coordination with other members of the team was remarkable.

Yatharth Bisht of Class XI presented amazing mental, physical and technical qualities of a goalkeeper. His quick reflexes saved many points. His commendable effort earned him the title of Best Goalkeeper. Prateek, Prakhar and Anant were very swift and fierce while playing. They played as remarkable attackers of the team.



Tale of fierce passion...



In the golden sphere of most upright and pure inspirations Dr. APJ Abdul Kalam is one of those glitters whose personality and passion sets an example of one of its kind. Saluting the infinite spirit and unwavering dedication of the missile man, a special assembly was organized in the school.

The stage occupied itself with the very energy of the young talents, talents who has the potential to enlighten the world with ideas like that of Kalam. Thus this event was not a mere celebration, rather an inauguration of the spark which holds the capacity of turning itself in fire.

Following the ideals of Dr. Kalam, the students thrived the stage with an eye opening stage-play, the message was clear, ***" the fire residing inside should be the source to create a proud India"***. Thus surely the event proved to be one of the most appropriate tribute to one of the legends who deserves to be and is, the symbol of national pride.



Celebrating the Festival of Lights...

Like every year this year too, Diwali was celebrated in the school premises with full gusto and merriment. With the lightening of lights and magnificent decorations and amidst the mood of festivity, the school's primary wing not just restricted Diwali celebration to a day, but rather a week, wherein different classes celebrated the festival in their own way. Diwali party for kids was one another most awaited event which brought together all students to celebrate collectively.



Mathematics Mania

A 'Maths Mania' activity was organized for students of primary wing to help them learn the basic concepts of Mathematics through a fun filled experience. Through various creative and interesting means the teachers involved students in a learning experience, which not just helped them understand things better but also sought to remove the fear of Mathematics from their minds.



Educational Activities

Instilling Hope and Positivity



With the growing government policies, there is a need of positive approach amongst society and the citizens to understand and cooperate in the success of the same. The students of Classes III to V presented and explained various government policies through a board display in which they aimed to aware children about the policies and how they can lead to the betterment of country and its citizen. The activity was not just informational but also tried to promote trust and a positive hope amongst students towards the policies.

Counselling Seminar

Ms. Tanya Kaushik (Counselling Psychologist, Fortis Hospital) conducted a thought provoking session with the students of Class IX-X on the topic Empowering Self : Role of Social Media and Responsible Decision Making.



Sathi Hath Badhna - Tiny-tots explained us the source of friendship among their friends and how friends can help us when there is need.



Gandhi Jayanti - A Special assembly was conducted by the students who spoke about the values of Gandhiji and his contribution in Indian Freedom Struggle.

Promoting Girl Education

Understanding the growing concern for the education of Girl child, students of class IV initiated a presentation in morning assembly wherein they tried to aware and educate students about the need of Girl education in society. The presentations by the students were not just informational but eye openers as well.



World Food Day

The students of Class III presented an assembly on the occasion of 'World Food Day', which aimed to educate and aware students about the need of eating healthy food. The assembly displayed not just informed students about the significance of the day, however turned thought provoking, when students were guided about why they should not waste food.



Sparkling Planet - Earth day is celebrated all over the world as a reminder that we have forgotten the beautiful gift in the form of planet-earth.



Dr. A.P.J Kalam - A special assembly was held by the students to pay tribute to the honorary scientist and late President Dr. APJ ABDUL KALAM



Candle Stand Making Activity (Class IX)

Art and aesthetics are those sculptors, who carve out the creative insight of a child. It is well understood that till the time a child engages in gathering all his artistic faculties personality development can't take place. Realizing this need, our school keeps organizing various art workshops to ensure that the students can experience the true spirit of art. These workshops are surely a soothing platform in the middle of their busy academic routine, exposing them to the possibilities of careers and a medium of providing solace to oneself. The lineture of craft is a healthy scoop for the students.....



DRAWING COMPETITION (CLASS NUR-II)



FLOWER ARRANGEMENT (CLASS VIII)



INTER-HOUSE PAINTING COMPETITION (VI - XII)



NAME PLATE ACTIVITY (CLASS X)

Understanding Careers : A Guide for Students



This column is initiated to aware our students about the various conventional and unconventional career options available to them after +2. If u want us to discuss a career of your choice, or if you are curious to know more about the career option discussed in this edition, please feel free to contact the school counsellor or email us.

JOURNALISM

Journalism is all about collecting and circulating/spreading information to a specific or general audience. It is the activity of Gathering, Assessing, Creating, and Presenting News and Information. This spreading of information can be done through two main mediums- Print Media and Electronic Media.

Journalism Courses in India

There are 3 main formats of Journalism courses available in India. They are: Degree programs, Diploma programs and Certificate programs. When it comes to value and usefulness, Degree and Diploma courses are the best ones.

1. BA in Journalism 3 years long Undergraduate Degree Program
2. BA in Journalism and Mass Communication 3 years long Undergraduate Degree Program
3. Bachelor of Journalism 3 years long Undergraduate Degree Program
4. Bachelor of Mass Media and Journalism 3 years long Undergraduate Degree Program
5. Bachelor of Communication and Journalism 3 years long Undergraduate Degree Program
6. B.Sc in Journalism and Mass Communication 3 years long Undergraduate Science Degree Program
7. BA in Media and Communication 3 years long Undergraduate Degree Program
8. BA in Media Studies 3 years long Undergraduate Degree Program
9. BA in Mass Communication 3 years long Undergraduate Degree Program
10. Bachelor of Mass Media 3 years long Undergraduate Degree Program
11. BBA in Mass Communication and Journalism 3 years long Undergraduate Management Degree Program
12. Diploma in Journalism 1 year long Diploma Program

Eligibility Criteria : 10+2 passed (any stream- Science/Commerce/Arts) from a recognized Board is the minimum Qualification required to pursue the above mentioned Journalism courses. Some Institutes do have a minimum marks criteria (at least 50% aggregate marks in 10+2 subjects) present in eligibility criteria.

Admission Process : Most Institutes follow 'Direct Admission' Process. Seats are allotted to eligible candidates based on the marks scored by them in board examination (and in some cases state wise Entrance Tests too). In case of some reputed Institutes, they have their own Entrance Test/Qualifying Examination, for screening candidates.

Career prospects and Job Opportunities : Some of the common Job Profiles available for Journalism Graduates are :

Print Media Job Profiles -

- Journalist
- Reporter
- Technical writer/writer
- Advertising specialist
- Correspondent
- Freelance Correspondent
- Editor
- Associate Editor
- Analyst
- Photographer

Electronic Media Job Profiles -

- TV Producer
- Photographer
- Narrator
- Magazine Editor (E Magazines)
- NEWS Director
- Newscaster
- Anchor
- Reporter
- Production Assistant
- Radio/Television Announcer
- Station Manager (Radio and TV)

Some well-known places where Graduates may find a Job includes -

- Newspapers
- Magazines
- Internet publishing houses
- Corporate Sector (PR)
- NGOs
- TV/Radio channels & production houses

Top Institutes -

- Indian Institute of Mass Communication (IIMC) Delhi
- Xavier's Institute of Communication (XIC)
- Asian College of Journalism (ACJ)
- Symbiosis Institute of Mass Communication (SIMC)
- AJ Kidwai Mass Communication Research Centre (AJKMCR)
- Mudra Institute of Communications, Ahmedabad (MICA)
- Indian Institute of Journalism & New Media, Bangalore (IIJNM)
- Department of Journalism and Mass Communication, BHU
- Department of Communication and Journalism, Pune
- Bharati Vidy Bhavan's Sardar Patel College of Communication and Management, Delhi

Budding Poets



Teachers - The Precious Gems

You are like our friend
Our Friendship never ends
You are our inspiration.
Who gives us endless motivation.
You are a Creative Bug.
Everybody feels secured when you give a warm hug.
You give us opportunity to become a writer.
And to use our minds even wider.
You find the best in us.
That's why you're so precious.
From Social Science to English.
From Sanskrit to French.
You taught us about Mariana Trench.
We sat in the last as well as the first bench.
Our thirst only you can quench.

We salute you for your devotion, dedication and determination.
You guided us a step ahead towards our aspirations
Thank You Teachers...You are our Precious Gems!!

- Sakshi, Ria, Prachi & Prashasti, VII-A



Importance of Education

Education is the way of learning,
In which our bad qualities are burning.

It is the process of teaching and learning,
That will help us in our future earnings.
Education can help you succeed in life,
And without it you are just a blunt knife.

Education is not about getting marks,
But it is about igniting our inner sparks.
The role of education in a life of human,
Is like a priest in a temple.

Education is our right,
And makes our future bright.

And at last I must say,
Education paves the way,
From a dark night to a sunny day.

- Priyanshi Agarwal, VII-B



THE END

When humanity perish,
And me you hold cherish,
And worship day and day.
To save you from the destruction
That you created and ahead of you lay.

Inside evil and in between darkness Every human lies,
But of a true human see the people die,
The drops of blood will shred from his eyes.

He'll say "oh god
destroy this existence in one blink of eye
Neither any pain nor any cry."

For his feelings and his emotions
I shall myself fall for him,
Stop ahead of him to say
That "on the edge of this world
With the first cry of the sun ray
I shall see you again
At the end of this doomsday."

- Yash Madhwal, X-B

Shutter Bug



Family is what needed to enjoy each and every moment of your life.



Credits : SWEKCHA YADAV XII-B














INSPIRATIONAL STORY

A young man asked Socrates the secret to success. Socrates told the young man to meet him near the river the next morning. They met and Socrates asked the young man to walk with him toward the river. When the water got up to their necks, Socrates took the young man by surprise and pushed him under the water. The boy struggled to get out but Socrates kept him there. When the boy started turning blue, Socrates raised the boy's head out of the water. The first thing the boy did was to take a deep breath of air. Socrates asked, "What did you want the most when you were under water?" The boy replied, "Air." Socrates said, "That is the secret to success. When you want success as badly as you wanted air underwater, you will have it." There is no other secret. This is called the burning desire.

— Shiv Khera, You Can Win : A step by step tool for top achievers

TODDLER'S ZONE

OCEAN ANIMALS SUDOKU



Sudoku puzzles are a fun way to give kid's logical reasoning & thinking skills. Have your child place the picture in the appropriate boxes in the Sudoku grid. Each image must appear once & only once in each row.

AMAZING FACTS ABOUT ANIMALS

1. A crocodile can't stick its tongue out.
2. A chameleon's tongue is twice the length of its body.
3. Grasshoppers have white blood.
4. Crickets hear through their knees.
5. A snail can sleep for three years.
6. An Octopus has three hearts.
7. Elephants are the only animals that can't jump.

BE SMART ! STAY SAFE!!

Don't take shortcuts or play in dark or deserted areas.



BE SMART:
Don't believe the stranger. This is a trick. Your parents would never send a stranger for you. Just say "No", run away and tell someone you trust.

Don't take shortcuts or play in dark or deserted areas.



BE SMART:
It's always safer to do things with a friend and to stay in well-lit places where there are people.

If a stranger offers you candy...or a present ... or invites you for a ride...



BE SMART:
This could be a trick. Just say "I can't talk to strangers" and run to someone you can trust.

If you get lost when you are shopping with your parents or another trusted adult...



- Never ask a stranger to help you find the person you came with.
- Never go to the parking lot look for the person you came with.
- Never, never let a stranger take you by the hand.

WORD OF THE MONTH

- **INCREMENT** - an increase or addition, especially one of a series on a fixed scale.

Synonyms:
increase, addition, gain, augmentation

If a stranger asks you to help him or her look for a lost dog...find a street address...or carry a package...



BE SMART:
Remember, these could be tricks. Sometimes the stranger may even offer you money to help out. Say "I can't talk to stranger" and run away to someone you can trust.

What is a Stranger?

A stranger is somebody you don't know at all OR somebody you don't know very well.

When you stop to think about all of the millions of people who live on planet Earth you soon live on planet Earth you soon realise that we share it with a lot of Strangers!

So a stranger can be man or a woman or a teenager. A stranger can be any height, any size, any age, any colour in other words, most of the ordinary looking people that we see every day are strangers.



Most people are good so most strangers are good BUT there are also a small number of people who might try to hurt children or do other bad things to them.

If all strangers look the same whether they are good people or bad people how can we stay safe? To stay safe we need to learn all about **Safe Strangers**, **Safe Places**, warning signs and how to react if we think that we are in danger.

What is a Safe Stranger?

Some people that we don't know very well or have never met before can be trusted to help us. For example we don't know the Firefighters or Police Officers that come to our aid but we can think of them as **Safe Strangers**.

Other examples of **Safe Strangers** are.....



Safe Strangers are people who can be trusted to help us in a public place when they are not at work and doing their job.

You cannot tell if someone is a **Safe Stranger** just by the way that they are dressed, how they look or how they talk to you.

A stranger might know your name, your address, your friends' names, pet's name or many other personal things about you but that does not make them a **Safe Stranger!**

What is a Safe Place ?

If you find that you are lost, or you just feel unsafe for any reason, and there is no adult with you that you can trust then you should find a **Safe Stranger** to help you. A good place to find a **Safe Stranger** is in a **Safe Place**.

Examples of **Safe Places** are



The best of **Safe Place** is always in a busy public area. Why do you think these places can be called **Safe Places**? Can you think of any places to avoid if you need help?

GRANDMA'S TALE

The Seed of Integrity

Once upon a time there was a childless King who wanted to choose a worthy successor to his throne after he passed away.

He called all the young children in his kingdom to his palace one day and said: "I feel it is time for me to choose the next King. I have decided to choose one of you as my successor, as my Crown Prince, and groom you to be the King after I am gone."

The amazed children listened spellbound as the King spoke: "I am going to give each one of you a seed today. Yes, I will give you all just one seed, but it is a very special seed. I want you all to go home, plant the seed, water it, and come back here to me exactly one year from today with the plant you have grown from this one seed. I will then judge the plants that you bring to me and whoever grows the best plant will be the Crown Prince, the next King after me."

There was one small shy boy who was there that day and he, like the others, received a seed from the King. He went home and excitedly told his mother the whole story. She helped him get a pot and some planting soil, and he planted the seed and watered it regularly and nurtured it carefully.

Twice every day, in the morning and in the evening, the small shy boy would water the seed lovingly and watch to see if it had germinated and grown. After a few days, some of the other children began to talk about their seeds and the lovely plants that were beginning to grow, but the small shy boy kept going home and checking his seed, disappointed that nothing was growing from his seed. Days passed, then weeks, and months, but still there was no sign of a plant growing from the small shy boy's seed. But the small boy still kept lovingly watering his seed regularly hoping that it would germinate. By now the others were talking about their wonderful healthy plants but small shy boy didn't have a plant and he felt like a failure, but he kept persevering and nurturing his seed with love and dedication in the optimistic hope that his seed would someday sprout a plant. Six months went by and there was still no sign of a plant in the small shy boy's pot. Six months went by and there was still no sign of a plant in the small shy boy's pot. Everyone else had exquisite tall plants, but the small shy boy had nothing.

Inwardly he wondered why his seed was not germinating and feared that maybe he had not watered it properly and so maybe he had killed his seed. But the small shy boy did not say anything to his friends and kept on tenderly watering and nurturing his seed with dogged determination and dotting devotion in the fond hope that his seed would grow and blossom into a beautiful plant. Finally, one year passed, and all the children of the kingdom brought their plants to the King for inspection.

The small shy boy was scared and did not want to take his desolate plant-less pot with just the soil and seed to the King, but his mother encouraged him to go, to take his pot with him, and to be honest about everything and speak the truth. The small shy boy felt fearful and nervous, but he listened to his mother and took his barren pot to the King. When the small shy boy arrived at the King's Palace, he was astonished to see the variety of beautiful and exotic plants grown by all the other children.

Totally crestfallen, the small shy boy put his desolate pot on the floor and everyone jeered in derision and mocked him and made fun of him.

A few children felt pity for him and tried to console the small shy boy. Suddenly the King arrived, looked around the hall appraising the plants and showered words of praise to the gathered children: "It is really amazing you all have really grown fantastic beautiful plants, trees and flowers. I am truly impressed. Today, one of you is going to be selected as the Crown Prince to be the next King...!" The small shy boy shivered with tremors of trepidation and, overcome with shame and fear, he tried to hide in the back.

The King's eyes searched all over and suddenly he saw the small shy boy at the back of the hall with his barren pot. The King ordered his guards to bring him in front of the throne. The small shy boy was terrified and thought to himself, "When the King looks at my pot, and sees how badly I have failed in the task he gave me, he is sure to punish me..." Seeing how frightened the small shy boy was, the King stepped down from his throne, walked down towards the petrified boy, lovingly put his hand on the small shy boy's shoulders and announced: "This boy is your new King...!" The small shy boy could not believe his ears. It was unbelievable that the King should select a failure and loser like him who could not even sprout his seed be the Crown Prince.

The King escorted the small shy boy to the throne and said to everyone: "One year ago I gave all of you a seed. I told you to take the seed, plant it, water it, and bring it back to me today. But what you did not know is that I gave you all boiled seeds that would not grow. Except this honest boy, all of you have brought me beautiful plants with exotic flowers and even trees with fruit. When you found out that the seed would not grow, you substituted another seed for the one I gave you. This boy was the only one with the sincerity to nurture the barren seed for one whole year with dedication, hope and perseverance and had the courage and honesty to bring me the desolate pot with my seed in it. Therefore, I select him as my Crown Prince to be the next King...!"

Celebrity Journal

SHEREEN BHAN

Shereen Bhan is an Indian journalist and news anchor. She is the Managing Editor of CNBC-TV18.

Shereen Bhan has an experience of 15 years, 14 of which were spent in tracking corporate, policy news and events that defined the business landscape in India. She began her career working as a news-researcher for Karan Thapar in his production house Infotainment Television. She joined UTV's News and Current Affairs division and produced shows like *We the People* for Star TV and *Line of Fire* for SAB TV. She joined CNBC-TV18 in December 2000.



She has been responsible for breaking a range of news stories that have redefined the Indian economic landscape in recent times and has also interviewed some of the biggest names in business and politics, both domestic and global.

Shereen is also the Anchor & Editor of *Young Turks*, one of India's longest running shows on entrepreneurs – a section that over the last 13 years has successfully built a niche category in business news programming.

She hosts *Overdrive*, which won the News Television Award for the 'Best Auto Show' for three consecutive years. She heads the channel's special feature programming that carries several pioneering shows such as *Ministers of Change* and *What Women Want*.

- Born** : 20 August 1976 (age 41), India
- Employer** : CNBCTV18
- Education** : St. Stephen's College, Delhi (Graduation degree in Philosophy) Savitribai Phule Pune University (Masters in Communication Studies with film and television as her area of Specialization)
- TV shows** : The Appointment
- Books** : *Young Turks: Inspiring Stories of Tech Entrepreneurs*
- Nominations** : ITA Award for Best Anchor - Talk/Chat Show
- Recognition** :
 - In April 2005, she was awarded the FICCI Woman of the Year award for her contribution to the Media in 2005.
 - In 2009, the World Economic Forum named her as one of the Young Global Leaders of 2009.
 - Recipient of the 'Best Business Talk Show' award at the News Television awards for two years consecutively.
 - Won the 'Best Business Anchor Award' at the 'News Television Awards' in 2013.

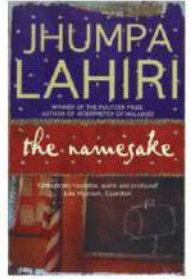


They said it ...

- *The secret of getting ahead is getting started.*
– Mark Twain
- *Sometimes you have to experience what you don't want in life, to come to a full understanding of what you do want in your life.*
– Mandy Hale
- *Self Confidence is the most attractive quality a person can have. How can anyone else see what you have, if you can't see it yourself?*
– Anonymous
- *If you want to know what a man is like then take a look how he treats his inferiors and not his equals.*
– J.K. Rowling

Good Reads *The Namesake* Jhumpa Lahiri

What does it mean to have your name being shared by multiple others around you? Well, nothing much. For every Nikhil or Riya or Priya, there are countless other Nikhils, Riyas and Priyas around too and that is nothing unusual. And although, we do wish to carve an individual identity for ourselves through our names, we don't wish for it to be so unusual also, that it becomes difficult to blend in. That is also the reason why every Nikhil in India seeks comfort in becoming a 'Nik' in the US, that enables him to blend in, for often as painful as it is to feel like you are lost in the crowd, the feeling of standing out as an anomaly amongst people who you are different from, is equally painful.



The *Namesake* has multiple contexts that it wishes to touch upon, taking us through the lives of Ashima and Ashok Ganguli, and their first born son Gogol.

The book begins with giving us a sense of torment that Ashoke and Ashima, a ritualistic Bengali couple face on leaving their homeland behind, to pursue a life in an alien country with alien customs.

The diasporic yearnings, the sense of being torn between choosing to remain with the motherland or to go in the pursuit of a better life for themselves, is what the main protagonists are struggling with.

Questions galore, this book tries to delve into the questions of being torn between their identities...First through the lens of Ashoke and Ashima's lives and later through their Gogol aka Nikhil.

Do the characters reconcile between the multiple identities they are struggling with or do they continue to forever remain torn between them?

Grab the book from your school library to know more!

Find yourself absorbed as you take a walk through the Ganguli's trials and tribulations and their search for identity.

The Counselor's Corner

Teaching to Transform

Books are not the only important thing that our children need to bring to school; it is the values that they should carry with themselves.

As Parents, Teachers and Mentors, it is necessary to realize the importance of values that we pass on to our children, irrespective of their Gender. Values are well reflected in the kind of environment we create for our children, the kind of language we use around them, the kind of stories we narrate to them and the kind of examples we set for them. It is not a homework that one can be done with, it is nurturing every bit of your child by being what you want them to become. **We would want our boys to respect their elders, to control their anger, to dress appropriately and to be sensitive about certain issues, as much as we would want that for our girls. Then why do we teach them differently? Let's change for the better, let's make a difference together...**



Ms. Ankita Chaudhary, Counselor

1. **Celebrate and promote "Positive Deviants in the Society"** for progressive change.
2. **Imbibe Gender Equality and Respect as a core value** : Mutual respect for all, irrespective of their sex, caste, socio-economic status, religion, region, and educational status is a core value which starts getting ingrained in young minds from an early age. Be the right Role Model.
3. **Character : Parents should start working on building the character of their child before teaching them the alphabets!** Do teachers say that your kids are polite? Are they courteous to their friends and other students? Our children need to be good people first and good students second.
4. **Dignity** : Do our kids make everyone feel important from their math teacher to the bus driver? Do they let others know that they are special? If there is a new kid in class who just joined school and doesn't know anybody, encourage your child to reach out to them.
5. **A thirst for knowledge** : It's important to see our children *wanting* to learn. Grades are important, but they're just a barometer as to the state of a child's mind. As Parents, one should want to see their kids read at night, bring up interesting conversations at dinner and be a well-rounded individual.
6. **Patience** : Education is a lifelong experience, "Patience is a lifelong skill and a rare quality in today's hectic society. Help your kids develop it early."
7. **Passion** : Your children don't have to love every single subject in school, but whatever tasks they "get," encourage them to tackle those tasks with enthusiasm.
8. **Purpose** : Teach your kids that 'it's not about you,' and help them find something larger than themselves.
9. **Being** : Help your kids learn how to just "be" and let them know that no matter their successes in school, as long as they can be themselves, their potential is limitless. Whether you're a great soccer player or Head of the Student Council, you have to feel comfortable with yourself.
10. **A Sense of Wonder** : School children are learning new subjects and expanding their horizons every day. We should help them feel inspired by learning new things. Children should maintain that important sense of wonder and curiosity.
11. **Friendship** : Make friendship a gift that your children give without expecting anything in return. Being there for their inner circle of friends is important, but it is the truly honorable child who extends friendship to others without expecting anything in return.
12. **Family** : No matter how busy your children are and how many teams and clubs they belong to, they have to remember that they're part of another really important team a family. Tell your kids to make an effort to spend time with their parents.

"Our Value is the sum of our Values"

– All the Best

Dear Reader,

We would like to wish all our children a very happy children's day. Childhood is about innocence and playfulness. It is about joy and freedom. On this occasion, our only advice to you is "Climb every mountain, Ford every stream; Follow every rainbow, till you find your dream!"

Enjoy each lovely day as it comes. And do not forget to send your entries for the next edition latest by 19 November, 2017 at theschoolconnectbbpsmv@gmail.com